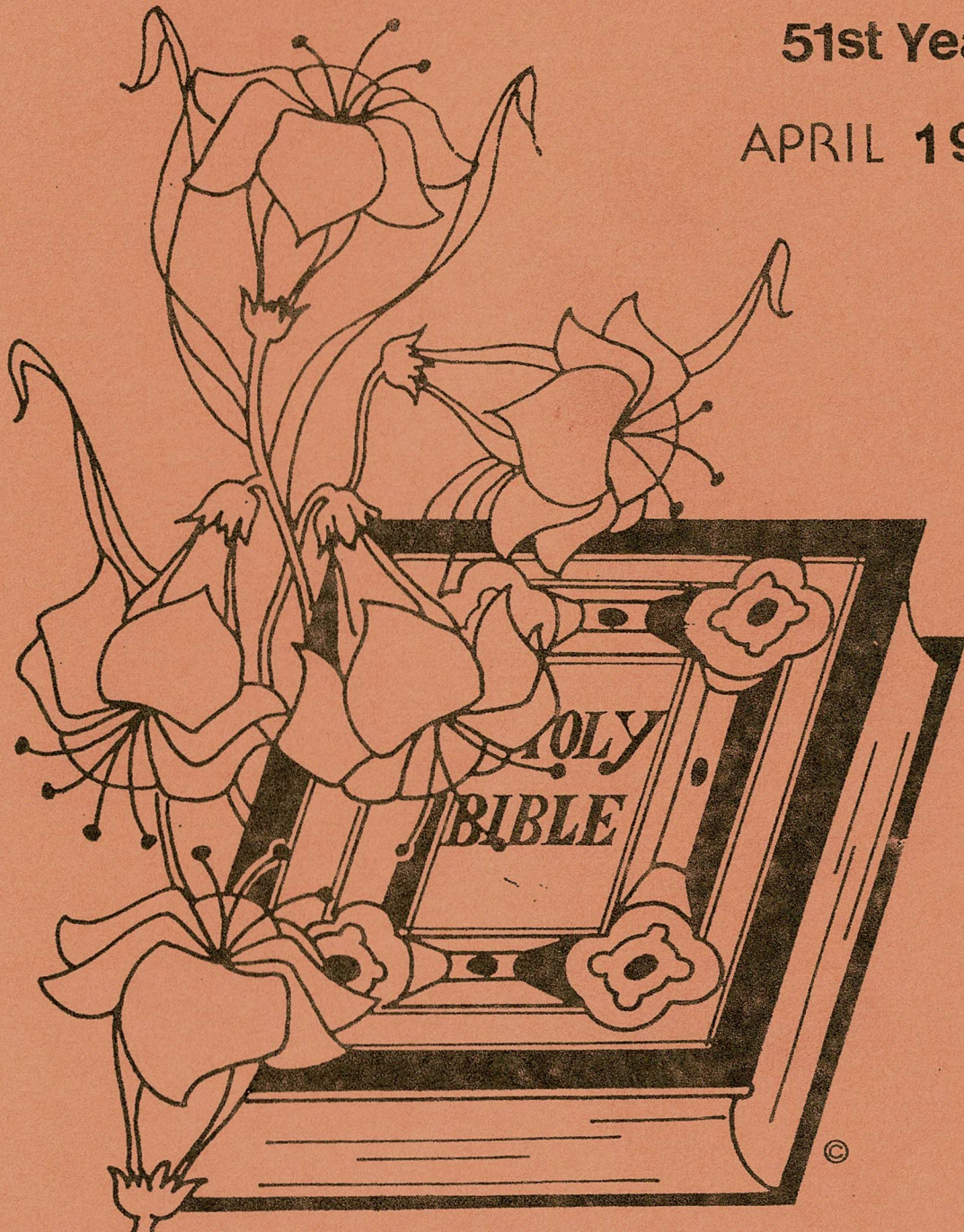


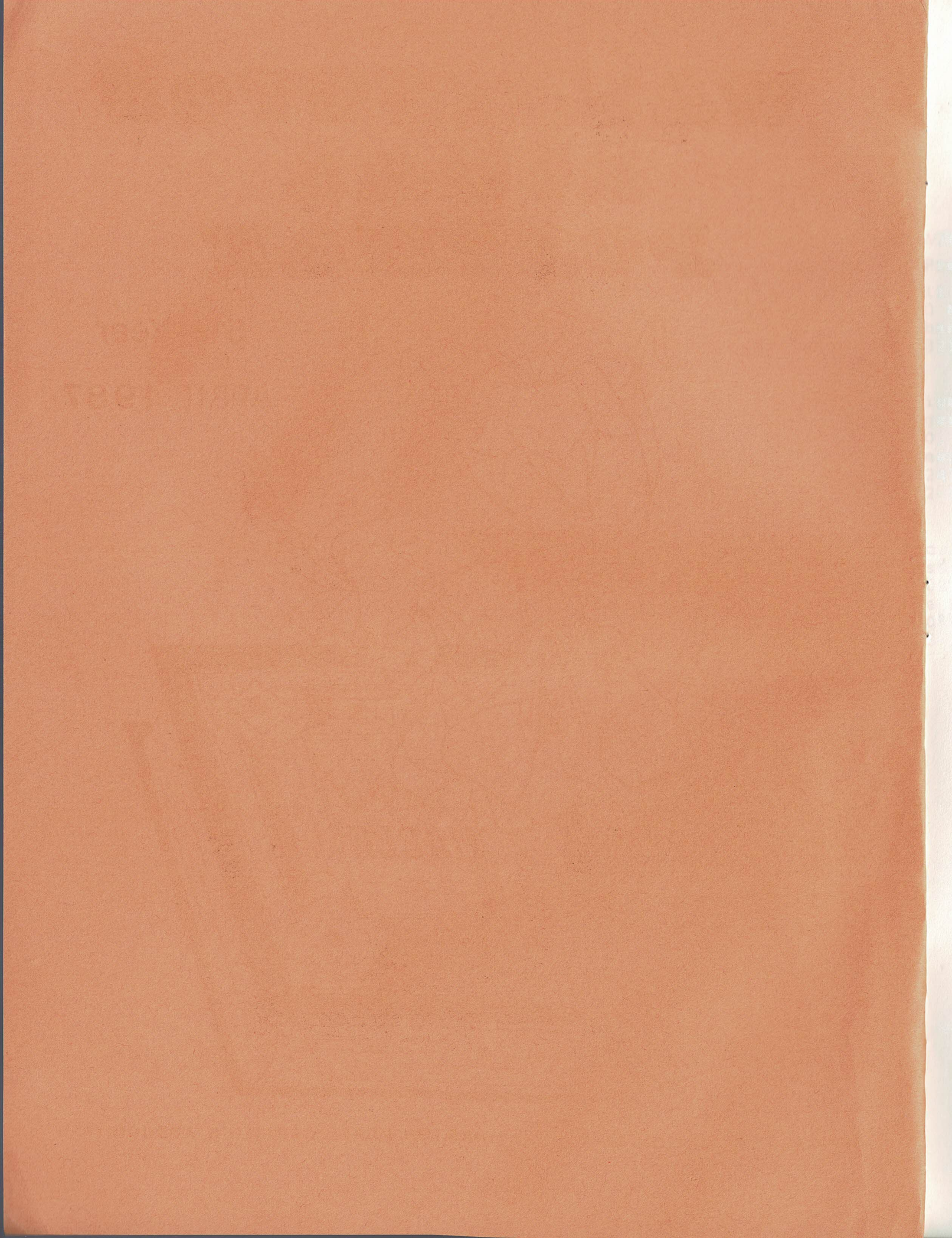
# WASHINGTON RURAL POSTMAN

51st Year

APRIL 1987



OFFICIAL PUBLICATION OF THE WASHINGTON RURAL CARRIER'S ASSOCIATION



The Washington Rural Postman is published quarterly: February-April-June-November. Deadline for articles, ads and notices is the 15th day of the previous month of issue. Share your news and views with all the members through your State Paper.

Your Editor is always open to constructive criticism. Please feel free to submit your thoughts and ideas.

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# DATES TO REMEMBER

WESTERN STATES CONFERENCE - Holiday Inn - Mesa, Arizona - April 24, 25, 1987  
(More Information Inside)

STATE CONVENTION

Sheraton Spokane Hotel

June 21 - 24, 1987

\$41.90 - Singles

\$49.90 - Doubles

(Complete Information Inside)

Make reservations by June 1st, 1987. 50 rooms have been reserved.

NATIONAL CONVENTION, Reno, Nevada Balley Grand Hotel August 4 - 7, 1987

(All information will be in the National Magazine)

Start preparing for all these beautiful trips - they will be fun!

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**NOTICE: COUNTY SECRETARIES**

PLEASE SEND MEETING NOTICES TO YOUR STATE  
ASSOCIATION AND AUXILIARY OFFICERS.

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1-800-638-8432

---

New hot line number for anyone with problems concerning their Rural  
Carrier Health Insurance. Have your information ready when you call.

# Western States Conference

## National Rural Letter Carriers Association

VSC WSC WSC WSC WSC WSC WSC WSC WSC WSC WSC WSC WSC WSC WSC

resident

1 Weinberg  
N. Opal  
any, Or.  
21

Western States Conference Mesa, Az. April 24 & 25, 1987

Western States conference will be at the Mesa/Chandler Holiday Inn 1600 S. Country Club Road. Mesa, Az. 85202.

ice President  
er Moreland  
Box 678  
en Creek, Az.  
242  
2-987-3271

Registration will be April 23, 1987 at 3PM to 5PM.

Following the registration the Arizona Rural Letters will host a hospitality starting at 5PM.

Room rates are \$50.00 double or king; Suite \$60.00

Some suites have cook tops, all suites have a refrigerator. Reservations due on or before April 5, 1987. Hotel has one no-smoking floor. Please use card to registrar.

t./Trea.  
se Denslinger  
2 Jefferson  
e Dalles, Or.  
058-2346  
8-296-5987

Shuttle service to the hotel from the Phoenix airport runs 7AM to 7PM.

Hotel allows RV's to park in the left back parking lot. Each floor has coin-op washers & dryers for guest use,

Tours are on your own. Write to Sherry Walters 32 North Sulleys St. Mesa, Az. 85205. The Grand canyon is lovely this time of year.

Please send your registration for the Friday night trip to the Rockin' R and Saturday night banquet to.

Ed Schmidt 2055 E. Hampton # 133 Mesa, Az. 85204

Friday night .Air conditioned buses will escort you to the Rockin' R for an evening of food & fun. \$15.00 per person. 6:30 PM

Saturday night banquet features Mexican food buffet.

\$20.00 per person Olin Armentrout ,President NRLCA will be the featured speaker. Ed has asked a Marachi

to perform durning dinner.

The hotel features a breakfast buffet starting at 6AM for 4.95 and a lunch buffet of soup, salad and sandwich from 11:30 to 2:00PM for 4.95.

Speakers;

- Mike Watson Labors Community Service Agency ,Inc. OWCP  
Mike has assisted postal workers for the last 9 years with their claims. Mike has a 96% success rate. Mike can take the confusion out of your claim.
- Bob Davidson Western Region Labor & Relations Board Appeals Officer.  
Bob will speak on the differences between a EEO complaint, and the grievance procedure. Bob speaks in our
- Don Vannoy Western Region Labor Relations Program Analyst Sr.  
Don will speak on what he looks for in a grievance invest- gation.
- Olin Armentrout President NRLCA He will speak several times
- Roger Moreland Western Region Reperesentive NRLCA
- Mrs Pat Gardner NRLCA Auxiliary President Program of Light
- Jim Matthews National General Auto Insurance
- Larry Wallagora Rural Carriers Health Plan
- Wilbur Wood Atlanta Postal Credit Union and PAC
- Annie Milleson Provident Guild
- Ron Schwisher President National League of Postmasters
- Tom Griffith Past President NRLCA



ARIZONA RURAL LETTER CARRIERS

April 23, 1987 through April 26, 1987

GROUP RESERVATION REQUEST FORM

RATES: Please circle the type room and you wish to have. If rate request is not available, next higher rate apply.

Name (Last) (First) (Initial)

SINGLE (1 person)

Address

DOUBLE (2 person, 1 bed)

City State Zip

DOUBLE/DOUBLE (2 persons, 2 beds)

Telephone

Arrival Date: Arr. Time: Departure Date:

SUITES (bedroom and parlor)

Reservations will be held until 6:00 p.m. on date of arrival, unless guaranteed by company, credit card or deposit is received with this form. Your organization has reserved a block of rooms at the special rates listed on this form. You MUST use this form to receive these rates. Otherwise the regular rack rates will apply. The hotel has agreed to hold a block of rooms until the expiration date. Reservation received after that date will be confirmed at regular rack rates

EXPIRATION DATE

Holiday Inn 1600 S. Country Club Mesa, Az. 85202

# CONVENTION NEWS

WELCOME TO SPOKANE  
81ST W.R.L.C.A. CONVENTION  
JUNE 21 - 24, 1987

We, the members of District III, invite you to the 81st W.R.L.C.A. Convention to be held at the Sheraton Spokane Hotel, Spokane, Washington, June 21st through 24th.

You will find Spokane a great place to relax and enjoy yourself. There are numerous things to see and do within a two-hour drive of Spokane (see listing elsewhere in this issue).

Check out the menu for the banquets on the following pages. If at all possible, send your room and banquet reservations by June 1st. Tear out the registration forms and mail today.

We are looking forward to seeing you in Spokane on the 21st of June.

Mail reservations, etc. to:

Julie Stehr

S. 1105 St. Charles

Veradale, WA 99037

# CONVENTION NEWS

## Reservation Information

Reservation received after: June 1, 1987  
 will be held on a space available basis. Each additional adult, \$9.00 extra; Rollaway Beds, \$6.00; Cribs, \$3.00.

For your convenience, the best arrival time is after 4:00 pm. Early arrivals will be accommodated as rooms become available.

## Arriving Late?

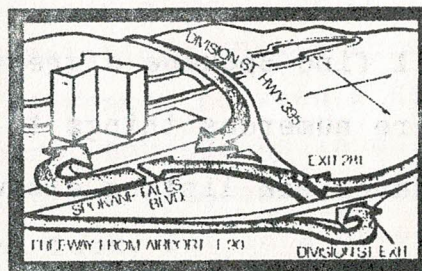
If you are arriving later than 6:00 pm, you must complete the following information on the bottom portion of this card to have your room held to a later hour. Unless otherwise noted, cancellation is required by 4:00 pm on the date of arrival to stop billing or to refund deposit.

## Direct Billing

If direct billing is requested, arrangements MUST be made in advance with our accounting office.

## Address

Sheraton Spokane Hotel  
 N. 322 Spokane Falls Court  
 Spokane, Washington 99201-0165



Sheraton Hotels, Inns & Resorts Worldwide • The Hospitality people of ITT  
 For information 509-455-9600 • For Reservation 800-848-9600 •  
 (or just fill out bottom portion of this card and return it to us)

## Sheraton Spokane Hotel Welcomes: "Wash. Rural Letter Carriers Assn."

Name: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Company Name: \_\_\_\_\_

I will be arriving by:  Plane  Train  Car Estimated Arrival Time \_\_\_\_\_

Sharing room with: \_\_\_\_\_

### Please Reserve:

- \$41.90  King or queen  single
- \$49.90  double
- \$89  One-room executive suite  single
- "  double

- \$130  Two-room parlour suite  single  double
- \$175  Three-room statesman suite  1 Bedroom
- \$275  2 Bedroom

If there is a possibility you will arrive after 6:00 pm, please complete the following information. "I will be arriving after 6:00 pm. Please hold my room on a

guaranteed payment basis chargeable to my credit card," or "I have enclosed the first night's room rental to guarantee my room reservation for late arrival."

Credit Card Co. / Credit Card No. / Exp. Date

Signature \_\_\_\_\_

\$ \_\_\_\_\_  
 Amount Enclosed

Mail to: Sheraton-Spokane Hotel  
 N. 322 Spokane Falls Court  
 Spokane, WA 99220-9951



# Spokane Accommodations

Spokane continues to offer first class, four-star accommodations in a clean, safe and scenic setting. Spokane provides over 3,000 hotel/motel rooms city-wide and over 1,200 first class hotel rooms within walking distance of Spokane's Opera House and Convention Center and the Central downtown area. The following listing is comprised of SACVB Bureau members - for a more complete listing, please consult the yellow pages of the Spokane telephone directory.

## SERVICES:

P: Pool (O: Outdoor)  
(I: Indoor)  
PT: Pets allowed  
RS: Room service  
PH: Phone in room  
R: Restaurant  
L: Cocktail lounge  
JZ: Jacuzzi  
S: Sauna  
AP: Airport shuttle  
K: Kitchen units  
C: Cable TV  
SR: Sr Citizen Discount

## APPROXIMATE RATES:

\$ - \$15-20/and up  
\$\$ - \$21-34/and up  
\$\$\$ - \$35-44/and up  
\$\$\$\$ - \$45-54/and up  
\$\$\$\$\$ - \$55-64/and up  
(rate for single)

\*CANADIAN MONEY AT PAR  
#MILITARY, GOV'T OR COM-  
MERCIAL RATES

## DOWNTOWN (continued)

#THUNDERBIRD LODGE BEST WESTERN  
120 W. Third  
Spokane, WA 99204  
747-2011 (\$\$)  
SERVICES: P(O)/PH/R/JZ/C/SR

#TOWNE CENTRE MOTEL  
W. 907 First  
Spokane, WA 99204  
747-1041 (\$\$)  
SERVICES: PH/SR/Continental  
Breakfast/Family Movies

#TRADE WINDS BEST WESTERN  
W. 907 Third Ave.  
Spokane, WA 99204  
838-2091 (\$\$\$)  
SERVICES: P(I,O)/PH/JZ/S  
C/SR

#RIVER INN CAVANAUGH'S  
N. 700 Division  
Spokane, Wa. 99204  
(509)326-5577 \$\$\$\$  
P(I,O),RS,PH,R,L,JZ,  
S,AP

#INN AT THE PARK CAVANAUGH'S  
W. 303 N. River Dr.  
Spokane, WA 99201  
326-8000 (\$\$\$\$\$)  
SERVICES: P(O)/RS/PH/R/L/JZ  
S/AP/K

#JEFFERSON HOUSE MOTEL  
W. 1203 Fifth  
Spokane, WA 99204  
624-4142 (\$\$)  
SERVICES: P(O)/PT/PH/AP/K

#LINCOLN CENTER MOTOR INN  
W. 827 First  
Spokane, WA 99204  
456-8040 (\$\$)  
SERVICES: P(O)/PT(deposit)  
PH/R/L/S/SR

CONVENTION HEADQUARTERS  
SEE RESERVATION  
FORM WITH SPECIAL RATES  
#SHERATON-SPOKANE HOTEL  
N. 322 Spokane Falls Ct.  
Spokane, WA 99201  
455-9600 (\$\$\$\$\$)  
SERVICES: P(I)/PT/RS,PH/R  
L/AP/C/SR

#RIDPATH HOTEL  
W. 515 Sprague  
Spokane, Wa. 99201  
(509)838-2711 \$\$\$  
P(I,O),RS,PH,R,L,JZ,AP

## DOWNTOWN

S.165 #BEST VALUE INNS  
DOWNTOWNER MOTEL  
Washington  
Spokane, WA 99204  
(509)838-4411 (\$\$)  
SERVICES: PH/C

#CITY CENTER MOTEL  
S. 123 Post  
Spokane, WA 99204  
838-8504 (\$\$)  
SERVICES: PT/RS/PH/SR

#GATEWAY HOTEL  
E. 923 Third Ave.  
Spokane, WA 99202  
535-9000 (\$\$\$)  
SERVICES: P(I)/PT/RS/PH/R  
L/C/JZ/S/AP/SR

## RV PARKS AND CAMPGROUNDS

KOA CAMPGROUND  
N. 3025 Barker  
Otis Orchards, Wa. 99027  
(509)924-4722  
\$13 and up  
Cards-MC/VI/Exxon  
Services-PO/PH/Hookups/Showers/Laundry  
(CP)

PARK LANE RV PARK  
E. 4412 Sprague  
Spokane, Wa. 99212  
(509)535-1626  
\$10 and up  
Cards-MC/VI/AM/DC/CB/DI  
Services-PH/Hookups/BBQ

SMOKEY TRAIL CAMPSITE  
I-90 Exit 272, South on Hallett to Mallon  
Rt. 14, Box 650  
Spokane, Wa. 99204  
(509)747-9415  
\$8 and up  
Cards-None  
Services-Dump/Laundry/Store/Fireplaces/  
Hookups/Showers/All Pull Thru

UNITED CAMPGROUND  
I-90 Exit 293  
P.O. Box 363  
Greenacres, Wa. 99016  
(509)928-3300  
\$12.75 and up  
Cards-MC/VI  
Services-Showers/Dump/Store/Game Room

MENUS

SHERATON SPOKANE

Monday -- 5:30 P.M. -- \$16.00

Caesars Salad

Top Sirloin

Baked Potato

Fresh Vegetable

Rolls/Butter/Ice Cream/Fruit

Beverage Tea/Coffee/Milk

\*\*\*

Tuesday == 7:00 P.M. -- \$15.50

MEXICAN BUFFET

??????????????

? Dress Accordingly ?

\*\*\*

Wednesday -- 7:00 A.M. -- \$6.50

Eggs

Hash Browns

Rolls - Muffins

Coffee - Juice

81st CONVENTION  
SPOKANE, WASHINGTON  
JUNE 21-24, 1987

It's State Convention time. Please fill out the form below and let us know if you are coming. Registration envelopes, name tags, etc., must be prepared so we can be ready for you.

The Junior's program is being planned. Please bring permission slips from parents - they may be required for some events.

NAME \_\_\_\_\_ Association

NAME \_\_\_\_\_ Auxiliary

NAME \_\_\_\_\_ NAME \_\_\_\_\_ NAME \_\_\_\_\_ Jrs.

AGE \_\_\_\_\_ AGE \_\_\_\_\_ AGE \_\_\_\_\_

where will you be staying?

R.V. Park - Name of Park \_\_\_\_\_

Motel Name \_\_\_\_\_

Highlights and events you wish to attend. (Everyone welcome to all functions.)

Registration - Sunday, June 21st - 2:00 P.M. until 8:00 P.M. (Sheraton)

Sunday evening mixer - 7:00 P.M. (Sheraton Hotel) ( )Yes ( )No ( )No.  
including Juniors.

Monday - Registration 8:00 A.M. until 9:00 A.M. (Sheraton)

Monday - Joint Session 9:00 A.M.

Monday Evening 5:30 P.M. - Retired Carriers' Banquet \$16.00 ( )Yes ( )No ( )No.

Tuesday Evening 7:00 P.M. Mexican Buffet ( )Yes ( )No ( )No.

Wednesday 7:00 A.M. SHARP Armed Forces Veterans' Club Breakfast ( )Yes ( )No ( )No.

Send Reservations to:

Julie Stehr  
S 1105 St. Charles  
Veradale, WA 99037





CARRIERS OF THE YEAR NOMINATIONS

NAME BOX FOR CONVENTION

Now is the time to place your favorite carrier's name in nomination for this coveted award. The form below is self-explanatory and should help you make your choice. Be sure to fill out the selection committee will have ample time to consider all candidates.

XX

OUTSTANDING CARRIER OF THE YEAR NOMINATION

I nominate (Name) \_\_\_\_\_  
to be Outstanding Carrier of the State of Washington for the year 1990

Guidelines:

- 1. Candidates may be nominated by individuals, or local, county or district units.
- 2. Consideration shall be only given for service rendered during the preceding 12 months.
- 3. Application must be presented to the State Secretary before noon on the first full day of convention.
- 4. List service rendered by candidate to the Rural Letter Carriers Association (participation in local, state and national meetings, committees, education and service projects, etc.)
- 5. (If you need extra space, use an extra sheet.)

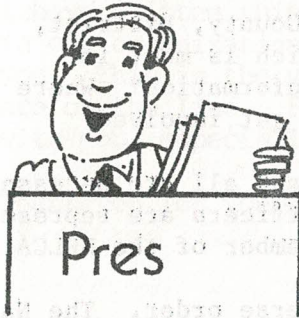
List any other service (city or community) performed by candidate which reflects favorably upon the Rural Letter Carriers and Postal Service.

FORWARDED BY \_\_\_\_\_

DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

## GREETINGS FROM YOUR PRESIDENT



Spring is here and summer is fast approaching, which means State Convention time will soon be upon us. State Convention will be held in Spokane at the Sheraton Hotel on June 21 - 24, 1987. Before this is Western States Conference in Mesa, Arizona, April 24th and 25th. I still have the cards required to use for registration at the Holiday Inn. Contact me and I will see that you get one.

One problem we have at the present time is that the Department of Labor has not met with us to set up the guidelines for the local election of delegates to the State Convention and the nomination of District One Committeeperson. Things in this area seem to be moving slowly and have forced the postponement of the District One Meeting. Local election of delegates should not be held until this meeting has been held with the Department of Labor.

Another area we should be considering is resolutions to be brought to the State Convention. Now is the time to get these written and presented to your county meeting. We should carefully consider the wording of our resolutions. Be sure that your wishes are clearly stated. A resolution should start with WHEREAS - followed by a clear statement of the problem and followed by BE IT RESOLVED - and a clear solution to the problem.

The first three days of March, 45 other presidents of state associations and I attended a legislative seminar in Washington, D. C. It was a very informative seminar on how the legislative process works. One of the more important areas covered talking or writing letters to your Congressman or Senator. Always keep it short and to the point, and cover only one subject in a letter. When writing a letter, type or print it clearly so that they have no trouble understanding your feelings. Clearly state your position on the legislative issue, give your reasons for your opinion and ask for their help.

Do not become abusive or adopt a demanding attitude.

Do not threaten political reprisal or loss of support.

Do not make wild statements that can not be documented.

Do not berate them for having voted against your wishes.

If they vote favorably on an issue which concerns you, do not forget to thank them for their action or vote.

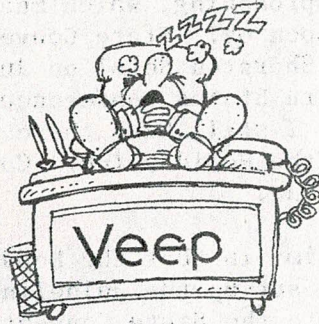
I would like to thank each member of our State Board for all their hard work and dedication. It has been a pleasure to work with them this year.

If you have non members in your office do encourage them to join with us in supporting our association and we will achieve our goals. We need you all - working together.

GOD BLESS YOU ALL.

ROBERT LANGE

## FROM THE VICE PRESIDENT



What meetings should I attend? The County, District, State, National or the Seminars? Which is most important? Where can I get the most information? Where can I get my voice heard? How can I get involved?

All of these meetings are important and all are necessary in the organization. Our National Officers are representing you, yes even if you are not a member of the NRLCA.

Let's consider these meetings in reverse order. The National Convention is quite an experience. I recommend it to everyone. Several hundred delegates from all the States convene and the business is conducted by the National Officers. You must be an elected delegate to have any input into these meetings. However, visitors are encouraged to attend. How do you get to be a delegate? Let your State Secretary know you would like to have your name placed on the ballot.

The State Convention is much smaller in numbers than the National Convention. Once again you must be an elected delegate to have any input into the meetings. By input I mean to be able to vote. This convention lasts 3 days and is very busy. There is time for recreation in the evenings, but the business sessions are all day long all three days. There are resolutions to consider. Several committees are appointed to help the officers get all the business done and of course there is election of officers for the next year.

The District Meetings are held once a year in each of the 4 districts. There are several county groups in each district. Your District Committeeperson is nominated at this meeting and elected at the State Convention. This Committeeperson is responsible to represent and to pass on information to the County Meetings. This Committeeperson is a member of the State Board and attends all Board Meetings.

The County Meetings, which meet from twice a year to monthly depending on which county you belong to, is where the roots are planted. If you are a member of the NRLCA you can be involved. You can become a delegate to the State Convention and will be eligible for a committee assignment. You can become an officer of your county unit and help your fellow employees get their voice heard. You will have the opportunity to meet fellow carriers from neighboring towns. I have found these groups to be friendly and sociable. This is where everyone gets started into the NRLCA family. I think this is the most important group we have.

This is a very short generalization of the meetings. There are a lot of things to do and a lot of nice, friendly people to meet and get to know as friends.

If you are curious and want to know more, come to any of these meetings. If you are not a member of the NRLCA we encourage you to come and listen and ask questions. This organization is yours and if you want to have your voice heard, please come.

There are other meetings for the Rural Carrier and his family to attend. These are informal meetings. Our State Steward, Neil Buchanan, conducts Steward or Contract Seminars once a year on each side of the state. There is a Fall Booster Meeting once a year where we have special guests, including a National Officer. The Western States Conference is a mini National Convention where you have the opportunity to hear our National President and other guests. You have an opportunity to have all your questions answered.



FROM THE VICE PRESIDENT (CONT.)

I have written this article to try to get members and non-members alike interested in our organization. Come to the meetings and get to know the people who represent you. This is the year that our contract is re-negotiated and your jobs and benefits are on the line. Please come to a meeting and bring a car full of Rural Carriers with you, especially your sub.

Thank you for your attention and I hope to see you soon.

DAVE STOVER

\* \* \* \* \*

REPORT FROM YOUR SECRETARY/TREASURER



Membership for the 1986-1987 year is at an all time high of 1090 as of March 14, 1987. Our National Organization has over 7,100 members and is only about 1,000 short of 200% in membership. If all the non-members in our state could be signed up, we could sway the 200% because we have approximately 700 non-members.

Dues for the current your 7/1/86 to 6/30/87 are as follows:

Regulars	\$144.00
Subs.	46.00
R.C.R.'s	36.00
Retired	27.00

Dues for the year 7/1/87 to 6/30/88 are as follows:

Regulars	\$186.00
Subs	52.00
R.C.R.'s-R.C.A.'s	42.00
Retired	33.00

R.C.R.'s and Subs (73) must pay their dues by cash as they are not regularly scheduled for work on a regular basis. The Postal Service cannot deduct a regular amount monthly from their salaries. Those who want insurance, etc., must pay their 1986 dues immediately to be eligible. If you are not concerned with insurance, etc., pay your 1987 dues and they will be effective July 1, 1987. I have new cards for 1987 and will gladly accept any dues.

I hope to see many of you at State Convention in June at Spokane. I have scheduled a County Secretary's Meeting at the convention to instruct you on your duties and responsibilities. All members are invited to sit in on this meeting to see how this association functions. It is a good way to see if you want to get involved and accept an office in your county, district or state organization.

RESPECTFULLY SUBMITTED,

DEXTER NESMOE

\* \* \* \* \*

WRLCA Conference Call of January 6, 1987.

An emergency arose and a conference call was initiated by President Lange to get the Board's reaction on the pending resignation of Ron Serefini as OWCP Director.

Those on the conference call were as follows:

Robert Lange, David Stover, Dexter Nesmoe, Joe Halleck, Gerald Thomsen, Midge Braman, Cindy Norman and Harley Robb. Karen DeBella was on leave for surgery, Neil Buchanan was not at home as he was on union business in southwest Washington, unable to reach Mickey Mackey, and Ron Serefini was not called as he was the subject under consideration.

A general discussion was held with the following results:

MM by Joe Halleck to pay Ron Serefini \$200.00 per month salary until convention time when the Finance Committee can take further action and make their recommendations. Seconded by Midge Braman. Passed.

RESPECTFULLY SUBMITTED

DEXTER NESMOE

WRLCA Board Meeting at Vancouver, Washington on February 21, 1987.

Meeting called to order by President Lange at 8:00 P.M.

Prayer offered by Harley Robb.

Pres. Lange stated that he had been reprimanded by a member at the Steward's Seminar in Olympia for starting the meeting with a prayer. Discussion followed.

Dexter Nesmoe MM to continue prayers at the beginning of each meeting. Seconded by Karen DeBella. Discussion. Carried.

Discussion on replacement of Editor as this is Joe Halleck's last year. MM made by Harley Robb, seconded by Midge Braman to have Ron Serefini check on various ways and costs for our paper. Discussion. Passed.

Discussion on seating procedures at State Convention.

MM by Dave Stover, seconded by Midge Braman, that the board recommend to the Finance Committee that the State Steward's salary be increased to \$6,000.00 per year and other officer's salaries be studied. Discussion. Passed.

MM by Karen DeBella, seconded by Ron Serefini, to look into Steward's LWOP and find a better way to pay them. Discussion. Carried.

Neil Buchanan, Chuck Robinson and Harley Robb appointed to resolve by-laws changes concerning voting procedures, etc.

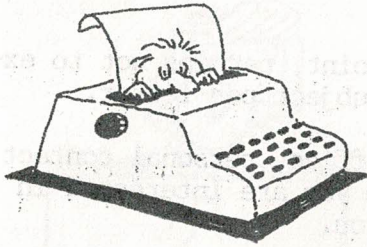
MM by Joe Halleck, seconded by Dave Stover to pay 1 day per diem to this committee at Davenport prior to that meeting. Carried.

Meeting adjourned at approximately 11:00 P.M.

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**Happy Easter**

FROM THE EDITOR



Yes, they say Spring is here. I did take a couple hours off yesterday to mow our lawn. So now the sun is shining bright, and will be all weekend, and I'll spend my time in the print room working on the Postman.

Hazel and I attended the District III Meeting March 8, and District IV Meeting on March 15th. Both meetings were very good and informative. But where were all the rural carriers who work in these areas? It is sad when only 30 out of 200 show up. I do hope you know all the answers to all the problems that might arise. Attending the meetings might help you to keep up to date with all the problems facing you as rural carriers today.

Think about this and the next time you receive a notice for a county or state meeting - ATTEND! Believe it or not you will enjoy them. These Rural Carrier people are a special breed. They make good and lasting friends you will enjoy seeing and talking with whenever you get the chance. I have never in all my years as a Rural Carrier found anyone that is not a delight to see and talk to whenever I can.

Try it, you might like it.

God Bless and have a Happy Easter.

JOE

AND TO ALL YOU BEAUTIFUL LADIES - HAPPY MOTHER'S DAY!



FROM YOUR RETIRED CARRIER'S COMMITTEEPERSON



REMEMBER: All you Retired Carriers who have matters of interest or concern, do write your Congressman. It will be personal and to your interest.

Your letters should be brief and to the point, perhaps not to exceed two paragraphs. Be sure, only one subject per letter.

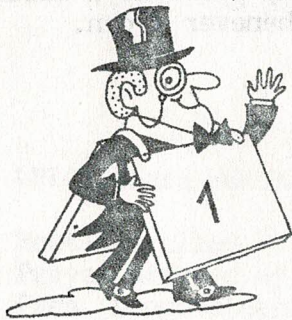
Anytime your Congressman is in his home office, personal contact is always a great benefit. It shows them you are interested in them and about the matters that concern you.

I pray that all those who are retired are able to enjoy their retirement. I am beginning my 5th year of retirement and I thank God for my good health.

HARLEY ROBB

\* \* \* \* \*

FROM YOUR DISTRICT I COMMITTEEPERSON



Another year has gone by and it is almost time for the State Convention again. This time it is in Spokane.

The months since Ocean Shores have gone fast. I've met a lot of carriers from around the state and traveled many miles. Learning the ins and outs and when to talk and when not to talk are a challenging experience.

Trying to get 350 cards written, labeled and ready to be sent out for meeting cancellations is one experience I would like to forget. You may have gotten a card, telephone call, letter or maybe all three.

Next year the convention will be here in District 1, so will a convention chairperson please step forward?

I want to thank all of you for your help and patience during this past year.

GERALD THOMSEN

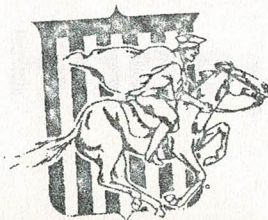
\* \* \* \* \*

ARMED FORCES CLUB

All rural carriers or spouses who have served in any of the United States Armed Forces are eligible to join our state club. The dues are only \$2.00 per year and we only have one meeting a year.

Please sign up and join for scholarship reasons at National Convention in Reno, Nevada.

No benefits come from joining our club, just the honor of being in a club with other servicepeople.



MICKEY MACKEY

FROM YOUR DISTRICT II COMMITTEEPERSON



Its been a few issues ago that I had an article in the Postman. I have been on a three month absence from my steward duties. I had surgery twice this past winter. The get well wishes from my rural carrier friends were most appreciated. I say "thanks" from the bottom of my heart.

By the time this issue of the Postman is in print all District Meetings should have been concluded. Some counties are holding their election of officers for the 1987-88 during this time. We must be especially careful with the election process. The elections for delegates and officers are being held according to the Department of Labor's regulations regarding secret ballots. Specific instructions as to what a secret ballot is has been given to the counties. A separate room, booth or curtain must separate the voter from the other members. There must be a ballot box and someone must monitor the ballot box. Ballots should be kept for one year.

Hats off to R.C.R. Linda Hoffer from Poulsbo, WA. She found a wallet with \$1,000.00 inside and turned it in to the police. She was also involved in locating the owner of the wallet. Her honesty improves the image of the postal service as a whole. Her story can be found in the most recent issue of the Postpics, Tacoma M.S.C. Post Office paper. Also praised in this issue were Carol Brown, Gig Harbor and Kenny Martin, Olympia, for their outstanding and courteous work.

Not everyone gets an opportunity like Linda to show the public honesty and good will. We can, however, be honest in our efforts to deliver the accountables, parcels and other items that take a little more time and effort. We are in the business of service. Its up to us how good or even how "great" the service is. "Taking care of my customers" is a feeling that many rural carriers have about their jobs.

Well, they said it couldn't be done, but now many RCR's will become regular rural carriers after they have served one year as an RCA. At the national convention in Des Moines, Iowa last August over 80 resolutions came from across the states. Those resolutions started at the grass roots level, from the county units. Multiply those state resolutions we passed last year at Ocean Shores by 47 more states and we can see the impact it had on the RCR Memorandum of Understanding.

Please give thought to your county meeting when resolutions come up. This is your chance to get your ideas implemented. If your resolution doesn't pass at your county, talk to your district representative and have it brought up from the floor.

Since I became Mutual County Secretary over five years ago, the county mailing list has been computerized. We hope to begin desk top publishing a county newspaper by August. Articles on retirement, OWCP, Postal Trivia and Safety are being considered as regular columns for this paper. County members will be writing the paper. Mutual County is one of the largest in the state, with the Alaska members being a part of this unit. We have a lot to share with the members and hope that by this means of communication we can improve attendance as well as membership. In the long run, the better informed we are the better job we do.

See you in Spokane.

KAREN DE BELLA

\* \* \* \* \*

FROM YOUR DISTRICT III COMMITTEEPERSON



What a wonderful Springtime!

We had a very successful District III Meeting in Davenport and it was well attended. All the State Officers shared with the members topics of much interest to us.

I appreciate everyone's support and cooperation.

I attended the Washington/Oregon Officers' Conference in Vancouver. The program was brought to us by Scotty Hicks and dealt much with the upcoming new contract. Much thought and preparation is going into the planning and I liked what I heard.

We in District III are hosting the State Convention and are looking forward to seeing you in Spokane. The Sheraton Hotel is near Riverfront Park, down-town shopping, and all kinds of interesting activities. A great program is being planned for the Juniors. This is a family affair. REGISTER NOW!!!!!!

I hope to see you in June.

MIDGE BRAMAN

\*\*\*\*\*

FROM YOUR DISTRICT IV COMMITTEEPERSON



As District IV Committeeperson, I have enjoyed attending the County Meetings within the District. Our District IV Meeting this year was held in Kennewick and I wish to thank all those carriers who attended. What better carrier than a well informed carrier! Many RCR's are feeling those feelings this very minute, with all the changes taking place and all the possibilities opening up for them. I do hope they are taking the time to learn all that is possible to make themselves very

knowledgeable. If there are any questions regarding the RCR Memorandum, now is the time to get them answered!

This next year there will be contract negotiations, so what better time to stay updated on changes, proposals, etc.

I am hoping to make the other District Meetings. Regardless, I hope to see a good turn-out at our State Convention.

See you there.....

CINDY NORMAN

\*\*\*\*\*

SPEND A LITTLE OF YOUR VACATION TIME WITH YOUR FELLOW RURAL CARRIERS

**Why Isn't Your Sub  
A Member?**



Still counting down for Quality of Work Life. The southern half of Idaho that belongs to the Salt Lake Division is supposed to begin the process this month (March), Oregon has scheduled a planning meeting for early in April. Washington had tentative plans for the second week in April, but that now appears to be on hold again.

As a craft, we are experiencing an unprecedented amount of serious discipline. We have high hopes that Quality of Work Life/Employee Involvement will reduce the number and the severity of the cases we have, the way the process has in other states.

While on the subject of discipline, a few very serious words of advice to Rural Craft Employees. The Postal Service is sending lots of test mail through the system in an attempt to entrap employees. Be sure none of it sticks to you!

Examples are pay to the bearer checks to a phony address and pay to bearer coupons and valuable appearing parcels to a non-existent address. Employees, including Rural Carriers, are losing their jobs over the above and similar items.

I hope none of us have the occasion to be interviewed by the inspection service. Should it happen, the National Agreement, Article 17, Section 3, Paragraph 3, makes it permissible to have a union representative present. INSIST on exercising that privilege, don't waive your rights. Don't sign anything! Don't co-operate!

If you are given the choice of signing even the most innocent looking statement or going to jail, go to jail and make your phone call from there.

In virtually every removal case I have seen, the most damaging evidence against the carrier has been the statement signed for the Postal Inspectors.

Remember, the Postal Inspection Service has a 98% conviction rate. That's better than the K.G.B. Don't be a part of this record.

I realize that if you are reading this article that few, if any of the following ways to wreck a union apply to you. Perhaps you will share it with someone it might help.

NEIL M. RUCHANAN

\*\*\*\*\*

### 17 WAYS TO WRECK YOUR ORGANIZATION

Seventeen ways in which a member can injure his organization - thus injure its chances of doing a better job of protecting your interests. Are you guilty of any of these?

1. Don't attend meetings, but if you do, arrive late.
2. Be sure to leave before the meeting is closed.
3. Never have anything to say at the meeting -- wait until you get outside.
4. When at the meetings vote to do everything. Then go home and do nothing.

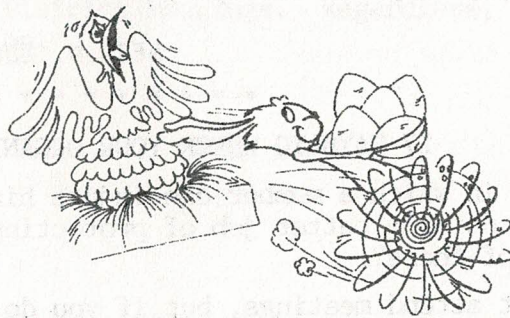
FROM YOUR STATE STEWARD (CONT.)

5. The next day find fault with the officers and your members.
6. Take no part in organization affairs.
7. Be sure to sit in the back so you can talk it over with a member.
8. Get all the organization will give you and don't give the organization anything.
9. Never ask anyone to join the organization.
10. At every opportunity threaten to resign. Try to get others to do the same.
11. Talk about cooperation but don't cooperate.
12. If asked to help say you haven't time.
13. Never read anything pertaining to the organization.
14. Never accept an office since it's easier to criticize than to do anything.
15. If appointed to a committee never give any time or service to it.
16. If you receive a bill for dues, ignore it.
17. Don't do any more than you have to, and when the others willingly and unselfishly use their ability to help the good cause along, then howl because the organization is run by a "clique".

NEIL

\* \* \* \* \*

**be careful out there**



**don't take chances**



FROM YOUR PAC MAN



CONTRIBUTIONS ARE NEEDED! PAC is always in need of your help!!!!

Our PAC man in Washington is very busy when Congress is in session, working for YOUR interest, therefore it is necessary to keep your contributions to PAC coming.

I'd like to challenge all you regular carriers to contribute to PAC. The retired carriers are doing their fair share.

The new Leaders' Club Pins are the same design and gold in color. For a \$50.00 contribution you may receive one of these.

HARLEY ROBB

\* \* \* \* \*

## Political Action Fund

Contributions are needed for the N.R.L.C.A. lobbying effort. The Political Action Fund is used to maintain friendly relations with members of Congress to preserve your fringe benefits, work practices and policies affecting the welfare of each rural carrier, substitute and retired carrier and their families.

Make your check payable to the "Political Action Fund" and send to:

Harley Robb  
6213 208th Street N.E.  
Arlington, WA 98223

Upon receipt of \$5.00 or more, you will receive a membership card. Your contribution is tax deductible.

Please return this form with your contribution.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

Check one

Regular

Retired

Substitute

FROM YOUR INSURANCE DIRECTOR



Every Rural Carrier in the state who is not a member of our "state association auto insurance plan" should send in a card about auto insurance, and compare our policy with their own. No one will call or knock on your door. Everything is done by mail. Please compare - we can save you money.

National General Auto Insurance will give a percentage off your policy price for:

1. Safe drivers for 3 years.
2. Drivers over 55 years of age.
3. Multi-car owners
4. Low mileage drivers.

(Send this application in quick. Mickey wants to win a trip!)

-----COMPARE-----

MICKEY MACKEV

\* \* \* \* \*

**YES . . . I WANT TO COMPARE RURAL CARRIER RATES!**

PLEASE SEND PRICE AND COVERAGE INFORMATION



TELEPHONE

**1 MY PRESENT POLICY EXPIRES**

MONTH	DAY	YEAR
R-50		

Days (area code)	(area code)	Eves
Occupation		

DO YOU LIVE ON A FARM?  YES  NO

**2 DRIVER INFORMATION**

Please List All Drivers In Household Including Yourself

Age	Sex	Marital Status	# Years Driving	% Of Use			
				Veh #1	Veh #2	Veh #3	Veh #4
TOTAL				100%	100%	100%	100%

NAME AND ADDRESS:

**3 PASSENGER CAR AND TRUCK INFORMATION**

	Veh.	Year	Make Ford/Chevy	Model Skylark/Omni	Body 4 Dr./Wgn.	Cyl.	Cost New	Driven to Work/School	No. Miles One Way	Estimated Annual Mileage	Used in Business*	Kept at Residence	If No Where
	1												
	2												
	3												

**4 RECREATIONAL VEHICLE INFORMATION**

(MotorHome • Trailer • Camper • Van Conversions)

\* IF YES DESCRIBE USE

	Veh.	Year	Make (Brand Name)	Body (mtr,home,van)	Length	Date Purchased		New or used	Cost New	Current Market Value	Driven to Work/School	No. Miles One Way	Estimated Annual Mileage
						MO	YR						
	4												

**5 ACCIDENT/VIOLATION INFORMATION**

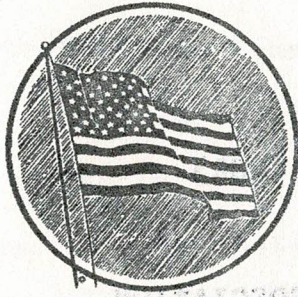
Has any driver ever had a license revoked?  Yes  No  
 Who and When \_\_\_\_\_  
 Any moving traffic violations in the past three years?  Yes  No  
 Who, how many, date, and type \_\_\_\_\_

Any at fault accidents in the past three years?  Yes  No  
 Who and When \_\_\_\_\_  
 Amount of Damage & Description \_\_\_\_\_

**HAVE YOU ANSWERED ALL QUESTIONS??? INCOMPLETE INQUIRIES CAUSE DELAYS! THANK YOU!**

UNDERWRITTEN BY NATIONAL GENERAL INSURANCE CO., ST. LOUIS, MO 63134. A XEROX FINANCIAL SERVICE COMPANY.  
 Questions? Call toll free 1-800-VIP-AUTO (800-847-2886). In Alaska call collect (314) 426-4000.

FROM YOUR HISTORIAN (WAKING FROM THE WINTER DOLDRUMS)



Time moves swiftly onward (especially when you are retired) the seconds - minutes - hours and days. Time adds up and history is being made, and the same is true of our great Rural Carrier organization composed of friendly, compassionate people - dedicated to serving the public and their friends and neighbors on their rural routes. With every mile and every new box added, history is being made. This is reflected by the increase in routes and new carriers.

If you are not a member of this great organization, this is an excellent time to join.

This is one organization that RETIREES remain active and attend the meetings.

Being government workers we should be leaders in Americanism and Patriotism. This U.S.A. is a Great Country. Remember, this is the anniversary year of our Constitution.

BE PROUD - FLY YOUR FLAG

- |         |                          |
|---------|--------------------------|
| May 1   | Loyalty Day and Law Day  |
| May 8   | V-E Day                  |
| May 10  | Mother's Day             |
| May 16  | Armed Forces Day         |
| May 25  | Memorial Day             |
| May 30  | Traditional Memorial Day |
| June 14 | Flag Day                 |
| June 21 | Father's Day             |
| July 4  | Independence Day         |

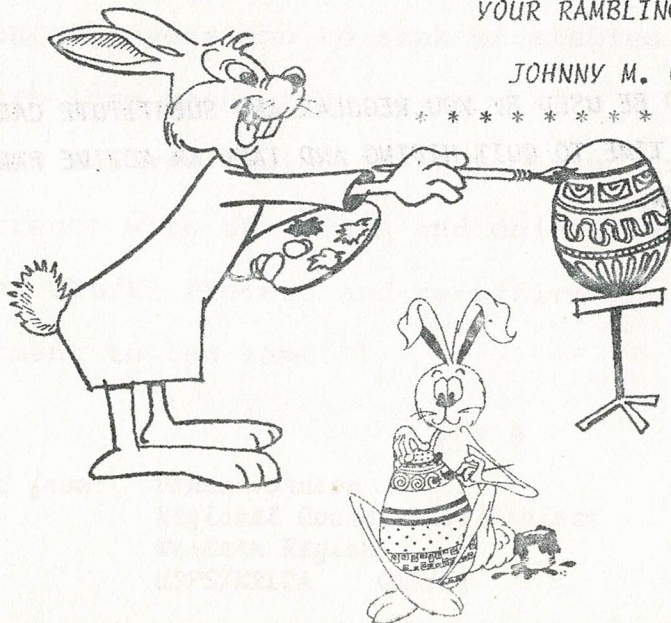
Whether on your route or just leisurely driving - Be Alert - Drive Safely - Wear Your Seat Belts.

See all of you in Spokane at the State Convention!

YOUR RAMBLING HISTORIAL

JOHNNY M. CAPWELL

\*\*\*\*\*



**APPLICATION FORM**

**FOR**

**RURAL CARRIER RELIEF EMPLOYEES (RCR)**

**FOR MEMBERSHIP IN THE**

**NATIONAL RURAL LETTER CARRIERS' ASSOCIATION**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_

**STATE** \_\_\_\_\_

**ZIP** \_\_\_\_\_

**SOCIAL SECURITY NUMBER** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_

THIS FORM MAY ALSO BE USED BY YOU REGULAR AND SUBSTITUTE CARRIERS WHO DO NOT BELONG. IT'S TIME TO QUIT HIDING AND TAKE AN ACTIVE PART IN THE RURAL CARRIER ASSOCIATION.

At the January meeting of the Western Region Joint Steering Committee for the QWL/EI Rural Carrier Process held in San Francisco, CA, the commitment to the Process was re-affirmed.

The National Committee of the Rural Process co-chaired by Mr. David H. Charters and Mr. Vernon H. Meier were in attendance to bring a re-newed emphasis to the Process.

Mr. Joseph R. Caraveo, Western Regional Postmaster General, spoke of his dedication and commitment and for the need for change in attitudes and work habits. Mr. Brian Gillespie emphasized the need for better working relationships among all employees.

There are no dollar amounts or workhour allotments placed on the QWL/EI Process. However, it is expected that through better knowledge and understanding of the Process, and the Postal Service in total, then better operating decisions would be made, therefore producing a more efficient operation. Short term savings are not the goal of the Process, but a continued effort to improve the relationships between employees and to seek strategies to obtain a common goal are long range results.

The Western Region Joint Steering Committee is in full concurrence with the goals and objectives of the Rural Carrier QWL/EI Process and re-affirm our dedication and commitment to the same.

# # #

Received from: Donna Johnson  
Regional Coordinator/Trainer  
Western Region  
USPS/NRLCA OWL/EI

LETTER TO THE EDITOR

Everybody's dues will go up \$6.00 on July 1st. DO YOU KNOW WHY????

At the last convention, while voting on resolutions, a motion was passed that will make every WRLCA member's spouse a member of the Auxiliary --- without asking them if they wish to join that organization!!!!

I do not believe a few people at a state convention should decide that close to 1,000 people should become members of an organization. To me it is morally wrong, and further I have doubts the procedure was legal. This was done solely to raise money, I doubt it will get more people to attend meetings.

My wife has been an active member of the Auxiliary for over 30 years. It is a fine organization---and she joined by choice---as everyone who wishes to take part should.

Lincoln-Grant-Adams County voted to send a resolution to this year's convention which will repeal the resolution, or motion, adopted last year. Let your delegate to the convention know how you feel about this issue so he or she will know how to vote.

*Chuck Robinson*

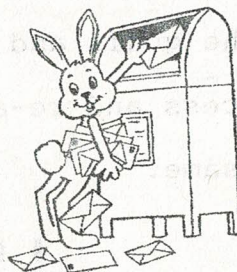
E. C. Chuck Robinson

1632 Dunn St.

Moses Lake, WA 98837

Joe,

You and Hazel have really done a great job on the paper the past 6 years. Your shoes will be hard to fill!!!! Enjoy your retirement!!!!



THANK YOU CALIFORNIA FOR THE INFORMATION BELOW.

EDITOR JOE

## THE NEW FERS AND WHAT YOU NEED TO DO

Compiled from speech by National  
Officer Steve Smith at Bakersfield

There is no simple way to explain how the new retirement system, known as FERS, may affect regular carriers and some of the decisions they will need to make between now and Dec. 31, 1987.

The main thing to remember is to keep reading all you can and take the time to get the direct information finally from a computer that will be located in each MSC.

All those carriers who were regulars before Jan. 1, 1984 are still under the old Civil Service Retirement System (CSRS) as we have known it for years. We can stay under it if you want to, but you have from July 1 of this year to Dec. 31, 1987 to decide to get out of the old system and into the new Federal Employees Retirement System (FERS).

There are some good points to each system and there are some not so good. There seems to be no formula that you can automatically say which one is the better for any one carrier because of each carrier's personal situation and plans for retirement funds.

The FERS program offers a Thrift Plan that is very similar to the IRA's as we know them. The Postal Service will even match dollar for dollar up to 5% of our deposits into the FERS retirement program. You also can put in up to 10% of your earnings and all your deposits are tax-deferred until you draw them out.

New regular carriers -- who have been hired after Jan. 1, 1987 are automatically in the FERS program and can't get out. The regulars mentioned above may elect to switch one time, but may not get out of FERS once they elect to get in.

The third class of carriers are regulars who were hired Jan. 1, 1984 to Jan. 1, 1987 who had a total of more than 5 years service as both a regular and a 7S by Jan. 1, 1987. They are the old CSRS program and have a chance come July 1 to go into FERS or stay where they are.

If you are a new hire since Jan. 1, 1984 and do not have a total of five years, (off a register or from an RCR status) you are in the FERS program now.

One reminder, is that everyone should look at any new Form 50's passed out. If it says you are automatically transferred into FERS, be sure you were properly put there according to the regulations above mentioned and not by a computer "goof-up" and it is happening to several in the past few weeks. If in doubt, talk to your local steward, area steward or state steward.





AUXILIARY OF THE  
*Washington Rural Letter Carriers' Association*

"CO OPERATION MEANS SUCCESS"

---

**PRESIDENT:**

Mrs. Janet (Robert) Lange  
724 Loomis Trail Road  
Lynden, WA 98264  
(206) 354-3372

**SUNSHINE CHAIRPERSON:**

Mrs. Delores (Harley) Robb  
6213 208th Street N. E.  
Arlington, WA 98223-8214  
(206) 435-2223

**VICE PRESIDENT:**

Mrs. Virginia (Mickey) Mackey  
401 South 3rd Street  
Selah, WA 98942  
(509) 697-7315

**SCHOLARSHIP CHAIRPERSON:**

Mrs. Hazel (Joe) Halleck  
912 South 4th  
Kelso, WA 98626-2233  
(206) 425-4050

**SECRETARY/TREASURER:**

Mrs. Myrtle (Neil) Buchanan  
P. O. Box 127  
Creston, WA 99117-0127

**JUNIOR OFFICERS:**

**PRESIDENT:**

Chantel Nelson  
3318 226th Avenue S. E.  
Issaquah, WA 98027

**JUNIOR PAST PRESIDENT:**

Mrs. Marian (Francis) Personett  
Box 965  
Pasco, WA 99301  
(509) 586-2406

**VICE PRESIDENT:**

Jennifer O'Gorman  
(no address available)

**DISTRICT I COMMITTEEPERSON:**

Mrs. Inez (Dexter) Nesmoe  
1809 7th  
Marysville, WA 98270-4603  
(206) 659-4923

**SECRETARY:**

Alecia Peterson  
16905 36th Avenue  
Tacoma, WA 98446

**DISTRICT II COMMITTEEPERSON:**

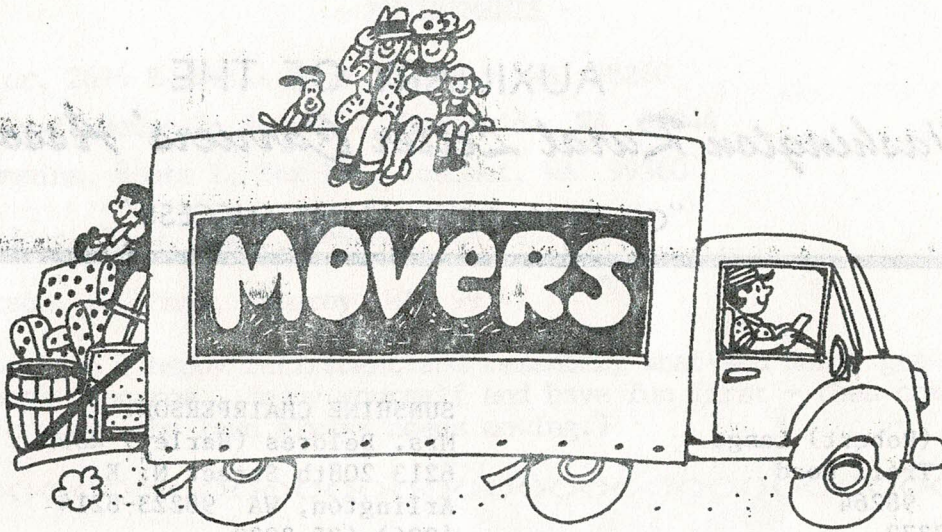
Mrs. Hazel (Joe) Halleck  
912 South 4th  
Kelso, WA 98626  
(206) 425-4050

**DISTRICT III COMMITTEEPERSON:**

Mrs. Ruth (Dale) Ryan  
Route 1, Box 435  
Spokane, WA 99204

**DISTRICT IV COMMITTEEPERSON:**

Mrs. Merrilee (Willie) Rentz  
1121 E 1st Avenue  
Ellensburg, WA  
(509) 962-2527



JOIN IN WITH A GROUP OF REAL "MOVERS". START NOW THINKING ABOUT YOUR EDUCATION NEXT YEAR. ARE YOU PLANNING TO ATTEND COLLEGE OR A VOCATIONAL SCHOOL?

The Washington Rural Letter Carriers' Auxiliary will present a scholarship at the State Convention in June of at least \$250.00 to a deserving son, daughter, grandson or granddaughter of one of Rural Carriers. The rural carrier must belong to the association and his/her spouse must belong to the auxiliary. A guardian need not be a member. A student may re-apply and receive the scholarship more than once.

All you have to do to get in on this great deal is request an application from:

Mrs. Hazel Halleck  
912 South 4th  
Kelso, WA 98626  
(206) 425-4050

All applications must be in the hands of the Scholarship Chairperson before June 1, 1987. This is a must!!!!!!

All applications will be judged by a group of unbiased educators from the Kelso School District. No one from the association or auxiliary will have any part in the judging.

Let me hear from all you eager students.

HAZEL HALLECK  
SCHOLARSHIP CHAIRPERSON

FROM YOUR AUXILIARY PRESIDENT



Greetings to our WRLCA Family.

Although there has been a lot of rain falling, some sun manages to slip through. This blesses and encourages many a heart.

I have been enlightened a little more as we have attended different meetings across the state. I have heard about different signs and symptoms of a heart attack coming on. If we don't know about these symptoms we are prone to think "oh, the pain will go away in a few minutes if I ignore it", or "I will feel better if I just rest for a few minutes". Don't be deluded! Get to a doctor, pronto! I want to thank Johnny Capwell for shar-

his own experiences with us at the District IV Meeting. There are many hurting people out there. May we share a sunny smile and remember our fellow workers in prayer.

Because we may exercise our rights as citizens, we also have the duty to preserve, protect and defend our Constitution. The Commission on the Bicentennial of the U.S. Constitution has dedicated 1986 and 1987 to commemorate the events leading up to the Constitutional Convention in Philadelphia in 1787 and will observe the 200th anniversary of the signing on September 17, 1987. If you know of a committee working on this for your community you may want to join in and help.

As we travel to different meetings I show a beautiful afghan that was made by Karen DeBella's mother and a twin quilt that we are selling chances on. Chances are \$1.00 each and the lucky person's name will be drawn at State Convention at the end of June. The money will be divided between P.A.C. and our humanitarian project, the Heart Fund.

Send the light, let it shine from post office to post office.

GOD BLESS

JANET LANGE

\*\*\*\*\*

FROM YOUR AUXILIARY VICE PRESIDENT



Hello everyone!

I think it's nice that our letters for the paper come due around the change of each season. Spring is just around the corner, and with the coming of the Lenten Season and Easter, we can see new life in the trees, shrubs and lawns. The crocuses, daffodils and tulips are all in bloom. Such a miraculous change! It all seems like a miracle.

The greatest miracle of all was given to Mic and I on February 26th when our daughter and her husband presented us with a beautiful new grandson. He was 3 weeks premature but is doing great.

FROM YOUR AUXILIARY VICE PRESIDENT (CONT.)

I always feel guilty when I am not able to attend many district meetings this time of year due to singing commitments, but I will still encourage the rest of you who can to give your support.

I know everyone is looking forward to State Convention in June. Midge Bramen has spent many hours making arrangements for a fine convention so let's all make a real effort to attend. It will be well worth your while. If each of us would invite just one new carrier who has never attended a State Convention before, we just might have a few new faces there.

Be sure to keep articles for the Country Store in mind. The girls can use all of your talents whether they be in the line of baking, crafts, woodcrafts, jam or jelly making, etc. Remember all moneys received goes toward an educational scholarship fund for a son, daughter, grandson or granddaughter of a rural carrier.

May the spirit of the Easter Season give each of us renewal and generate new life and added energy for the rest of the year.

Take care and have a Blessed Easter.

VIRGINIA MACKEY

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FROM YOUR AUXILIARY SECRETARY TREASURER



Winter is almost over and the spring flowers are coming up. How wonderful to see the signs of winter's departure.

Neil and I got a real taste of spring as we spent a week in Hawaii with my sister and her husband and boys. What a beautiful time!!!

Now I must come back to reality. The meetings are coming pretty steady and everything else is getting busy also.

POLITICAL ACTION COMMITTEE

P.A.C. is very important. Our dollars do a very successful job. More than 8 out of 10 candidates that the NRLCA supported for election or re-election were successful. This is something to be proud of because those legislators who vote favorably for

Federal and Postal Employees face an up-hill battle in this administration.

Please contribute! A \$50.00 donation will qualify you for a leader's pin. Let's not let the burden fall on the retirees. Active carriers and RCR's show your stuff and send in a donation. The retirees have been contributing 10 to 1 over the active carriers.

Spring cleaning time is upon us and as we are going through the house, please keep safety in mind.

A few Home Security Tips are as follows:

- 1) Secure all swinging doors with dead-bolt locks. Use an auxiliary locking bar to secure sliding doors.

FROM YOUR AUXILIARY SECRETARY TREASURER (CONT.)

- 2) Keep doors locked whether you are at home or not.
- 3) Close and lock windows when you leave your home.
- 4) Don't hide spare keys. Burglars always seem to find them. Instead, give your key to a trusted neighbor.
- 5) When going on vacation stop all deliveries and ask a neighbor to stop by your house once a day to pick up advertising circulars or anything else that may pile up on your front step.
- 6) Use automatic timers to turn indoor lights on and off to make it appear that you are home.
- 7) Identify your belongings by engraving an identifying number on your possessions. This can reduce the chances that your possessions will be stolen. If stolen, the identifying numbers will make it easier for an item to be returned to you if it is recovered by the police.

More than 3 million residential burglaries are committed annually - one every ten seconds.

DON'T BECOME A VICTIM!!!

MYRTLE BUCHANAN

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A NOTE FROM YOUR AUXILIARY JUNIOR PAST PRESIDENT



It's SPRING! Isn't it gorgeous? And aren't we truly blessed for the mild winter we experienced? I hope everyone out there had as great a winter as we had in eastern Washington.

With the promise of summer ... its warmth and sunshine, so many things to look forward to. Vacation!! Outings and visiting, swimming, picnics and fishing holes ... also conferences, meetings and conventions. We all, as rural carrier families, should include Western States, National and Washington State Conventions into their summer schedule. This is in the interest of our jobs - our incomes! Also, attending local meetings should be put on our agenda.

Have you ever sat and really daydreamed? Can you sit back and think only of this years' theme of the Auxiliary? Try it! Let your imagination loose and see the National Rural Letter Carriers' Association and Auxiliary as a HUGH Lighthouse ... and then the light, as it swings around to aid and guide people as the representatives going out to all meetings and to all members with information and guidance. Is it reassuring to know the source of light and information is there for "our" benefit? Perhaps if each member acted as a buoy to guide the rural carriers within the surroundings of our organization within the boundaries of our jobs and contracts, maybe then we could hold down grievances that we have from time to time (especially the unnecessary ones). Our contracts, rules and regulations are only as good as we, the membership, make it. Let us all work for better things.

FROM YOUR AUXILIARY JUNIOR PAST PRESIDENT (CONT.)

I have received only one answer to my request for donations to the country store at the 1987 Washington State Convention in Spokane in June. I am requesting assistance from the east side of the state. Odetta Yeager will need your assistance on the west side. Our requests are the same. We need your donations - all categories - hand mades, clothing (aprons and maybe slippers), toys, cookies, jams and jellies, pictures, embroidery, wall hangings, yard stuff - whatever you wish to donate. The entire proceeds from this project goes to the education of your children and grandchildren (whose parents and/or grandparents are members of the association AND auxiliary). PLEASE help us to help our youth with a scholarship!! Let's all help. If we increase the fund then we can increase the size of the scholarship. I am also requesting ideas; patterns to print and form in a sale-able booklet. I would like small type ideas - children's projects, crochet potholders and other items, knit vests perhaps, and anything you had fun doing that can be passed on to benefit someone else. The deadline for this will be June 10th.

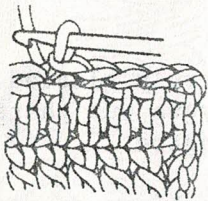
Spread "your light" everywhere and if you see someone without a smile - give him one of yours!

'Til next time ... from Francis and me ... may the true meaning of this Easter season light up your hearts and your lives.

LUV YA  
MARIAN PERSONETT

\* \* \* \* \*

FROM YOUR DISTRICT I COMMITTEEPERSON



Hello Everyone.

It is that time again - another article for the paper and as usual I'm doing it at the last minute.

I have attended a few meetings and spoke on Provident Guild. I also spoke on the National Projects - Heart disease, safety and of course, Patriotism.

I enjoyed the District III Meeting at Davenport and I am now at Kennewich for the District IV Meeting. I am looking forward to District I and District II Meetings.

I attended the Oregon Board Meeting in Springfield, Oregon. I also attended the Oregon/Washington Board Meeting at Vancouver, WA. The auxiliary did not have a meeting.

Dexter and I plan to attend Western States in April. We will fly to Phoenix on April 23rd and back to Seattle on the 26th of April.

We are also planning for State Convention and National Convention. In fact, I have been crocheting little boots and kitchen towels for the Country Store at our State Convention.

I think it is time I quit. I hope to see you at the meetings and State and National Conventions.

INEZ NESMOE

## DISTRICT II AUXILIARY COMMITTEEPERSON



Today the weather on the west side of the state is beautiful. We have had quite a bit of rain so far this month of March, but weather like we are having today makes up for it all.

Yesterday was the first day of Spring - and that means Spring break for most of the kids. The school year is winding down to a close, and that means all you seniors must make a decision about continuing your education.

We are a family organization and the auxiliary has worked hard for many years to build a scholarship fund to help our children to further their education. Our kids are important to all of us!

Our scholarship is available to children or grandchildren of Rural Carriers. The only stipulation is that the spouse of the carrier be a member of the auxiliary. The dues are nominal, only \$5.50 per year. That is little enough to support an organization willing to work for the betterment of the whole family. A last minute check is made with the Secretary/Treasurer before the applications are judged, and if dues are not current with the association and auxiliary, the application is disqualified.

No one connected with the association or auxiliary has any part of the judging. This year they will be turned over to the Scholarship Committee from the Kelso School District for judging.

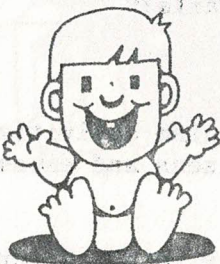
I hope all of the children interested in going on to college or trade school will send me an application by June 1st. That is the strict deadline. The award will be made at the banquet on Tuesday night at State Convention. It is always our hope that the applicants attend the banquet with their parents or grandparents. We would like very much to meet these leaders of the future.

May this Lenten Season and Easter bring you all a renewed faith and hope that will continue throughout the year.

HAZEL HALLECK

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## DISTRICT III AUXILIARY COMMITTEEPERSON



District III Meeting Report - 1987.

The District III Meeting for 1987 was held in Davenport at the Cottonwood Inn. A buffet luncheon was served and both the association and the auxiliary attended the joint session. State Officers present were introduced and spoke briefly on the National Program - Heart Fund, the Country Store, Scholarship and fund raising projects. After the association's presentation on the State Convention to be held in Spokane, we separated for our own meetings.

District III Committeeperson, Ruth Ryan, called the meeting to order at 2:25 p.m. The meeting opened with an invocation. Minutes from last year's District III Meeting were read.

## DISTRICT III AUXILIARY COMMITTEEPERSON (CONT.)

The following State Officers were introduced: President, Janet Lange; Secretary/Treasurer, Myrtle Buchanan; District II Committeeperson and Scholarship, Hazel Halleck; District I Committeeperson and Provident Guild, Inez Nesmoe; Sunshine Chairperson, Delores Kobb.

Members were introduced from Northeast Counties, Lincoln-Grant-Adams, and Spokane County.

Inez Nesmoe announced the District I Meeting at Mt. Vernon on March 22nd.

Hazel Halleck announced the District II Meeting will be in Tacoma at Copperfield's on March 29th.

No resolutions were presented.

Nominations were opened for District III Committeeperson. It was left open until State Convention.

Meeting was adjourned at 2:55 p.m.

RUTH RYAN

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### NOTICE!!!!!!

This year the Junior Contest will feature posters or essays. Essays to be limited to 500 words or less and posters no larger than 14" x 17" in the following categories:

Ages 6 - 9...Toy Safety

Ages 13 - 15...Light Your World

Ages 10 - 12...Lighthouse

Ages 16 - 20...Seat Belt Safety

On the back of each entry include the Junior's name, address and birthdate, along with the name of the rural carrier parent or grandparent. Birthdate as of August 1, 1987.

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## DISTRICT IV AUXILIARY COMMITTEEPERSON

### SPLIT OPINION



"Stop grumbling about getting too much homework. Did you ever stop to think that at your age Lincoln was splitting rails?"

"Sure Dad, but at your age he was President!"

Now that I have your attention, how about Americanism activities. Seek for yourself and help others to be good citizens and enhance appreciation of our nation's heritage.

Have a sincere commitment to the national patriotism effort. Help in educational matters in your schools and at public functions. Help with ceremonies for Loyalty, Day, Memorial Day, Fourth of July, Labor Day; and by the way, what's wrong with flying your flag just any day you feel like it. This will show the people of your community the awareness your individual responsibility toward duty, honor and your country.



DISTRICT IV AUXILIARY COMMITTEEPERSON (CONT.)

Today, as we were coming home from the District IV Meeting, I saw a huge flag flying over a dairy farm and I thought: "I wonder if his cows give more milk?" What we give we get back twofold.

Just a reminder to all of you who haven't paid your dues for 1986-76, please send them to:

Myrtle Buchanan  
P. O. Box 127  
Creston, WA 99117-0127

Please send them as soon as you can. We need your dues, your love and your support. Dues withholding doesn't start until July, 1987.

To all of you, Janet Lange, our President, asked me to fill in again for District IV Committeeperson until the State Convention in June. So, District IV, if you haven't paid your dues, send them in, please.

ALL MY LOVE AND GOD BLESS

MERRLEE RENTZ

\*\*\*\*\*

THE BEGINNING OF THE END

If I were you, my friend, which I'm not  
And haven't any wish to be,  
But if I were, no matter what advice I  
gave to folks like me,  
If I were eager to retain  
Their friendship, this I wouldn't do;  
Begin and end with that inane  
"If I were you", if I were you.

\*\*\*\*\*

FROM YOUR WEST SIDE COUNTRY STORE CHAIRPERSON



We hope by now you have all come up with a good idea for the Country Store. Baked items - cookies, breads or pies sell very well. So if you feel you are not into crafts, we can use some of your excellent cooking.

Don't forget, this money goes for a scholarship for a child or grandchild of a rural carrier.

As Past President of the Auxiliary, I would like at this time to thank the association members for putting our state on the family membership plan. For 50¢ per month I feel you are getting a wonderful return.

- 1) There is an Americanism program put on each year at convention.
- 2) There is arrangements made for a safety speaker.
- 3) The Memorial Service is presented.
- 4) Plans are made so your children can have a good time at convention.

## WEST SIDE COUNTRY STORE CHAIRPERSON (CONT.)

- 5) Decorations are sometimes made by Auxiliary members.
- 6) Our Sunshine Chairperson remembers the state membership in time of need.
- 7) A scholarship for one of your children is awarded.
- 8) Letters are written on needed legislation.
- 9) A national humanitarian project such as heart, cancer, M.S., etc. is worked on each year.
- 10) Articles are written for the national magazine.
- 11) Many other things I know I have forgotten to mention.

It makes your Auxiliary proud to know you think we are worth 50¢ per month as your helpers.

I ask for God's blessings on each of you and say THANKS again for helping when you were needed.

See you in Spokane.

ODETTA YEAGER

\* \* \* \* \*

## SUNSHINE "REFLECTIONS"



God ushers winter out and brings to us spring!

DID YOU KNOW? The Auxiliary is a team that works together for all of you? All the cards and stamps that circulate across the state to you come through and from the Auxiliary? Putting the stamps on the envelopes and writing in the cards is what I enjoy doing. I think of all the Special People who will be receiving these cards, say prayers for them and perhaps give the stamp an extra little pat. I like to believe we "add that extra special touch" to your cards.

### THOUGHT PROJECTS THAT COME IN EACH CARD:

Brings joy and gladness....Ushers in sunshine....Love carves a pathway to your door.. Letting you know WE CARE....No one walks alone, we are your friends....Spans the miles and we hope brings a smile to your face....Reaching out to each one in our Rural Carrier Family....Caring and sharing....Just know YOU ARE LOVED.

Everyone should like what they are doing. I truly do enjoy being Sunshine Chairperson. It brings joy and blessings into my life. Please continue to keep me informed about those needing cards.

### SOME GOOD THINGS TO DO FOR YOURSELF:

Learn something new....Be thankful....Reread a favorite book....Enjoy silence.... Take time to talk to the children....Search out a long lost friend....Walk instead of riding....and FORGET an old grudge.

### SPRINGTIME IS:

A season of smiles, the world in a bright new dress, celebrating the birthday of life and the promise of happiness.

SUNSHINE "REFLECTIONS" (CONT.)

I want to take time to say I care about you. Have a Happy and Blessed Easter and enjoy "ONE DAY AT A TIME".

DELORES ROBB

\*\*\*\*\*

GUIDELINES FOR AUXILIARY  
MEMBER OF THE YEAR

The Auxiliary of the Rural Letter Carriers' Association presents a challenge to the potential member. The award will be known as the "Tricker-PNO Service With A Smile Outstanding Auxiliary Member" Award.

The outstanding Auxiliary member:

- 1 - should show interest, enthusiasm, and concern for our organization.
- 2 - will become involved in the meetings of the county, state, and national organizations, and accept the responsibility of holding offices on any level.
- 3 - will become informed by reading the rural carrier publications.
- 4 - will support the state and national humanitarian projects, thereby gaining valuable knowledge about the leading health problems.
- 5 - will further the purpose of the Auxiliary by showing interest in the rural delivery service and Associational work.
- 6 - will become a more useful and better informed citizen of the community.

As Mrs. Tricker so stated: "The purpose of this Auxiliary shall be to unite fraternally its members, to help create a greater interest in rural mail service and association work, and to cooperate with the National Rural Letter Carriers' Association to seek beneficial legislation".

Decide upon a way to select an Outstanding Auxiliary Member from your state during your state convention and give their name to the National Auxiliary Officer!

NOTE - Just a suggestion! If you have several names and cannot decide upon one, put them all in a 'hat' and draw one out.  
Good Luch!

# things to see and do

## IN AND AROUND SPOKANE - WITHIN A TWO-HOUR DRIVE

### BABY ANIMAL FARM

Last Chance Riding Stables  
Indian Canyon Park

Great for kids! Baby horses, cows, goats, sheep, pigs, turkeys, geese, ducks, chickens, kittens and puppies. Open: 9a.m. til dark - free admission. Directions: Turn at Indian Canyon sign on Sunset Highway, go 3/4 mile, turn on left.

### CHENEY COWLES MEMORIAL MUSEUM

W. 2316 First Avenue - 99204  
Spokane - (509)456-3911

Exhibits in the museum interpret the exciting history of this area; natural history and fine art displays.

### CITY LOOP DRIVE - GUIDE YOURSELF

Start at Stevens Street and Sprague Avenue in the center of the business district. Proceed south on Stevens following the city drive sign; 33-mile loop drive.

### CROSBY LIBRARY

E. 502 Boone Ave. - 99258  
Spokane - (509)328-4220

Located at Gonzaga University, the library contains artifacts, gold records, pictures and other memorabilia of Bing Crosby's, a native of Spokane.

### FAIRCHILD AFB HERITAGE MUSEUM

Fairchild Air Force Base  
Spokane - (509)247-2100 or 247-5704

Exhibits recapture the legacies of Fairchild's history and preserves past and present military events. No admission charge.

### FINCH ARBORETUM

W. 3404 Woodland Blvd. - 99204  
Spokane - (509)456-4331

Covering 65 acres, this extensive botanical and tree garden includes more than 2,000 labeled ornamental trees and shrubs.

### GENERAL SPOKANE RECREATION

Parks & Recreation Department  
(509)456-2620

76 lakes within a 50-mile radius, outstanding fishing. Nine 18-hole golf courses. 60 city parks.

### SKYRIDE OVER THE FALLS

Spokane - (509)747-1437

Take a scenic ride over Spokane Falls in an open air gondola. Located at the southwest corner of Riverfront Park.

### GRACE CAMPBELL HOUSE

W. 2316 First Ave. - 99204  
Spokane - (509)456-3931

The gracious Campbell House, built in 1898, portrays the life of an elite mining tycoon and his family during what is called Spokane's "Age of Elegance."

### LAKE COEUR D'ALENE CRUISES

North Shore Resort Hotel  
Coeur d'Alene, ID  
(208)664-9241

Enjoy the beauty of Lake Coeur d'Alene on the spacious Mish-An-Nock, or for a more intimate cruise - climb aboard the Jodi Ann.

### LATAH CREEK WINE CELLARS

E. 13030 Indiana  
Spokane - (509)926-0164

Latah Creek with its graceful Spanish architecture and old world charm offers guests the opportunity to visit one of the most picturesque small wineries in Washington.

### MANITO PARK

W. Four 21st Ave. - 99203  
Spokane - (509)456-4331

One of the city's largest parks, including the world-famous Duncan Formal Gardens and Greenhouse, Lilac Garden, Japanese Garden, Rose Hill and Ferris Garden.

### MT. SPOKANE

30 miles north of Spokane on  
Highway 206  
(509)238-6281

The mountain offers a panoramic view of the Inland Empire. Includes Mt. Spokane St. Park, camping, hiking, a year-round resort offering skiing, horseback riding, swimming, tennis and a mountaintop restaurant.

### MOUNTAIN SPRINGS GUEST RANCH

Box 296  
Ione, WA 99139  
(509)442-3823

Mountain Springs Guest Ranch is a working cattle ranch on 500 acres in scenic Pend Oreille County. Enjoy their accommodations, meals and activities year round...including horseback riding, fishing, birdwatching, sleigh riding, skiing, and much more.

### MUSEUM OF NATIVE AMERICAN CULTURES

E. 200 Cataldo - 99201  
Spokane - (509)326-4550

MONAC offers an unparalleled opportunity to view one of the finest and most comprehensive collections of Indian art and artifacts in existence.

# HEY KIDS

## JUNIOR NEWS

Dear Washington Rural Letter Carriers' Juniors:

Hi there! My name is Alicia Peterson and I am Secretary for you, the Juniors. I participate in many school sports and activities. I like to play and write music for the piano and flute. I am a student of Clover Creek Elementary. I am in the sixth grade. I am twelve years old.

Last summer I went to the Washington Rural Letter Carriers' Convention at Ocean Shores and I enjoyed meeting so many of you. I just can't wait 'till the next convention at Spokane so I can meet many more of you.

ALICIA PETERSON

\*\*\*\*\*

THE FOLLOWING WERE SUBMITTED BY ONE OF OUR JUNIORS, ADRIENNE DE BELLA

### BUCKLE UP

You all should buckle up, yes you,  
When someone gets injured, it's  
usually two.  
You get bruises that are black and blue.  
Let yourself hear it "click",  
If you don't, you'll get sick.

\*\*\*\*

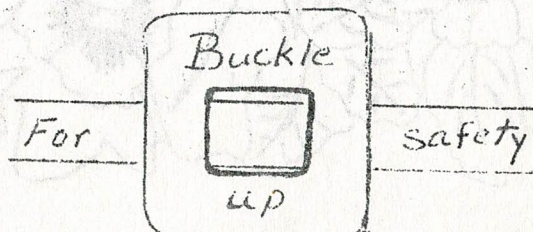
### STAMPS

Some are pretty, some are cute,  
Make sure the little puppydog wears a suit.  
You can mail things first class,  
Like Neil Buchanan, Midge Bramen and  
Mickey Mackey.  
They are all special delivery.

### MAIL CARRIERS

(To Midge Bramen)

Mail Carriers come in every size,  
Some are smart and some are wise.  
Some are girls and some are guys.  
Some are mean, some are nice.  
Some are just carriers and some are  
Vice Presidents.  
Some are green, some are blue,  
Some could be just like you.



Washington State Rural Letter Carrier Association  
Joe Halleck, Editor  
912 South 4th  
Kelso, WA 98626-2233

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ADDRESS CORRECTION REQUESTED

JOHNNY I. CAPPELL, HISTORIAN  
Route 1, Box 95-A  
Pomeroy, Ia. 99347

D

HAPPY SPRING!

