

# WASHINGTON RURAL POSTMAN

June 1989 Pre-Convention Issue 53rd Year

THE WASHINGTON RURAL POSTMAN is published quarterly, February-April-June-November. Deadlines for articles, ads and notices is the 5th day of the previous month of issue. Share your news and view with all the members throughout the State Paper. Your editor is always open to constructive criticism. Please feel free to submit your thoughts and ideas.  
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## Presidential Notes by Dorothy Iannucci



ATTENTION! ATTENTION! We need your help. One division's approach to saving money is to convert rural route territory to highway contract routes(HCR'S). In order for the National Office to counteract this move, we need any information we can get. Please try to locate any HCR routes in your respective areas. Find out the following:

1. How many deliveries?
2. How many miles?
3. How much is the contract?
4. Is it owner operated?
5. How much is a relief person paid per hour/trip?
6. How many new boxes do they need to get an increase?
7. What other ways can the route be increased?
8. How close is the nearest rural route?
9. What kind of complaints do the managers get?

Please use discretion when inquiring about the above. Do not violate any privacy laws or become a nuisance. If you can find out anything it will help. Please send any information you can acquire to me: Dorothy Iannucci, WRLCA President 6421 152nd Ave. E., Sumner, WA. 98390-2629.

Thank you in advance for any information you can send. I need this information as soon as possible so I can forward it on to the national office. There are some important things happening to our craft besides the threat to conversion to HCR. The NALC has filed 400 grievances in California requiring the Postal Service or convert rural routes to city routes. They have filed two step 4 grievances in two cities in Virginia attempting to accomplish this same thing. A few years ago the NALC attempted to raid our union, and now they are trying to destroy our craft. Seems it dawned on them that since the "L" route came into being they were not growing at as fast a clip as we are.

It appears that you will be counting your own mail in September. The details are still being worked, and a video will be shown at State Convention. We will do all we can to get the information to you. At the present time there are three count seminars planned across the state. I have been asked to add an additional count seminar further north. If we can set it up, we will let you know.

You will soon realize an increase of over \$350.00 per year due to the COLA you union negotiated. You received \$250.00 per year contract increase in January, because of your union. You will receive an additional \$300.00 per year in July because of your union.

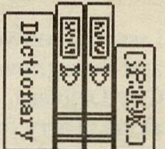
IT IS PAST TIME EVERYONE IN THIS STATE WAS A DUES PAYING MEMBER.

Dorothy C. Iannucci, President

## Dates to Remember

JUNE 25TH -28TH	STATE CONVENTION AT KENNEWICK
JULY 23RD	MAIL COUNT SEMINAR IN SPOKANE
JULY 30TH	MAIL COUNT SEMINAR IN YAKIMA
AUGUST 6TH	MAIL COUNT SEMINAR IN TACOMA
AUGUST 14-18TH	NATIONAL CONVENTION IN BUFFALO, NY
SEPT. 5-OCT. 2ND	NATIONAL MAIL COUNT
OCTOBER 28-29	FALL BOOSTER

## Editorial By Icelia Peterson



This is the last issue of the Postman before convention. Please take some time to seriously consider going to Richland and taking part in our decision making process. **You-the-member** are the reason for all of this; your ideas and logic are sorely needed. At convention you will have your first chance to find out some exciting new facts about mail count. In addition Richland is a lovely sunny city and the Hanford House a very nice place to stay. The food is great and there are many other things to do. Cindy Norman, Convention Chairman has done an excellent job planning for us. You are sure to enjoy it.

This is also the last issue authorized to go to non-members. The WRLCA has experienced some growth in membership and we welcome and thank all the new people, but we need all of you. If you are not already a member please join your union brothers and sisters in Solidarity. Help fight the battle against privatization and work together to make our jobs the best they can be. Fill out the membership application below right away. Dues are now due for the coming year which runs July 1, 1989 thru June 30, 1990.

You may have heard by now that the NALC is pushing to take over some or all of our heavy duty routes. They are starting in California. So be sure not to give any information about your route to city carriers and be sure to be aware of what the NALC is doing in your office/area and let your steward know also. It is vital that you, the member, be the eyes and ears of our Association. We can't afford to be caught napping with all the things going on now.

Hope to see you at convention!

Icelia "Butch" Peterson, Editor

## Have you moved?

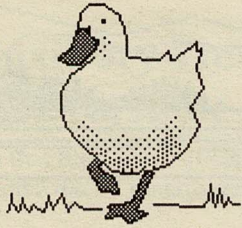
Why play Russian Roulette with you mail, including your state and national magazines? If the address is not correct why expect some carrier to guess or forward it and take the chance of not getting your copy. It also costs the state 25 cents for each address correction. We get \$10.00 or more each issue in postage due. Seems a needless expense for "carriers" who know the need to have correct addresses on important mail. part from California Rural lettercarrier's paper.

Washington Rural Postman  
Icelia Peterson, Editor  
P.O. Box 730  
Eatonville, WA 98328

Address Correction Requested

Non-Profit Organization  
US Postage Paid  
Eatonville, WA 98328  
Permit No. 38

**Vice-President  
Dan Snyder**



Time to sit down and compose a story again? Seems like I just finished one.

As I write this, I have just returned from Western States Conference in Colorado Springs. This was an informative meeting. I took four pages of notes, which for me is unusual!! Dallas Fields and Ken Parmalee gave us some very interesting and informative talks. I also enjoyed very much the AMTRAK train ride from Seattle to Denver. The scenery between Salt Lake City and Denver is beautiful, and most of it can be seen only from a train. Sleeping car train travel is the only way to go. In 2 1/2 years I have put almost 44,000 miles on Amtrak. I go to meetings like Western States at my own expense, so I always try to make a vacation out of it.

I assume you've all heard about the NALC (city carriers) and their grievances about converting Rural Delivery to City Delivery. They filed 400 grievances in California alone. Larry Jones, California State Steward told me in Colorado Springs that the NALC is going to fall flat on their faces on this one, and that it'll all backfire on them. I'm sure you all join me in wishing the NALC a very hard, painful downfall in their endeavors.

Does everyone realize that you are not covered by Tort Claims if you drive up a driveway to deliver a non-signature item? Just don't hurt yourself then back into the homeowner's Rolls-Royce while you are delivering that record album from Columbia House. The Postal Disciplinaryians will love you, though.

Everyone be sure and attend the mail count seminars this summer. Spokane area is Sunday, July 23. Yakima is Sunday, July 30, and the West Side meeting is Tacoma on August 6. We will each be counting our own routes this year for the first time, so it will be to your benefit to attend a count seminar. Local stewards are paid meal and mileage to attend. If you can't make the nearest meeting go to one of the others. You only have yourselves to blame after this count if something gets screwed up. I expect my route to go to a 75-K.

State convention is in Richland June 25-28. Be sure and attend. There will be a board meeting on Sunday June 25th at 10AM. If you can, try and make it, as you are all welcome to attend the board meeting. For the convention I have some of the most excellent entertainment you will have ever seen lined up for you on the first day. Convention Chairman Cindy Norman and each of the four district officers are going to take turns standing behind the eagle. Though a little messy, it promises to be loaded with laughs. Cindy goes first, so don't miss it. This is the same golden eagle that "performed" at last year's convention in Mt. Vernon.

Well, it's been a very busy and enjoyable year. I have to help train a couple of QWL/EI workteams in June just before state convention, so I'll be keeping my RCR busy. See you in Richland. Drive carefully.

Dan Snyder, State Vice-President



**QWL/EI**

Quality of Work Life/Employee Involvement is alive and well and growing in Washington State. We have several workteams functioning and more coming on line monthly. As a facilitator I can tell you it has been a very exciting year. Sometimes the process has seemed like we go two steps forward and one back but slowly we are building momentum and soon we will be fully diffused. When the process comes to your office get on the band wagon and work to make our Postal Service the best it can be.

Sincerely,  
Icelia Peterson, Facilitator

**The Hitchhiker**



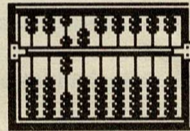
HAVE YOU EVER BEEN DRIVING ALONG THE ROAD WHEN SUDDENLY YOU SAW A HITCHHIKER AHEAD? Their thumb signal is giving a message loud and clear, "If you will furnish the car, the gas, and time and do the driving, I'll ride with you, but your nuts if you think that I'm gonna chip in with gas money; and by the way, if you have an accident and I'm injured, I'll sue you for everything you have."

In just about every organization you'll find this very same kind of attitude. Yes, there are hitchhikers in the Union. They say in one way or another, "If you supply the protection of a contract, negotiate that contract, protect me at work, get me fair and decent wages, health benefits, and bargain my hours of work, I'll ride along with you. But you're crazy if you think that I'm going to chip in with any financial support (membership dues). Nor will I get involved and make this a better place to work. By the way, if anything happens that irritates me, you'll hear from me!! So, on my terms, I'll ride along with you.""

**ARE YOUR HANDS BUSY OR ARE YOU THUMBING A FREE RIDE???**

Submitted by Dan Snyder, State Vice-President, author unknown.

**State Secretary-Treasurer  
Dexter Nesmoe**



Dear Members, Inez and I just got back from Western States Conference, it was a really good meeting. I learned that National is proposing to raise the National per capita dues by \$10.00 per regular carrier and it looks like the proposal will pass at National Convention. The good news is that our state should be able to absorb the raise without a corresponding raise in state dues. Our treasury is in pretty good shape. We have around 1100 members now and hope to get more by convention. Hope to see you there. Cindy has a good one planned.

Sincerely,

Dexter Nesmoe, Sec.-Treasurer

**MEMBERSHIP APPLICATION  
WASHINGTON RURAL LETTER  
CARRIERS' ASSOCIATION**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ST. \_\_\_\_\_

ZIP \_\_\_\_\_ SSN# \_\_\_\_\_

OFFICE WHERE EMPLOYED \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

Cash dues are:

- Regular (71) - \$260.00
- Substitute (73) - \$57.00
- RCA (78) or RCR (75) - \$47.00
- Retired - \$33.00

Regulars are urged to complete a dues withholding form available from any state officer. Send to:  
Dexter Nesmoe, Sec.-Treas.

1809 7th St.  
Marysville, Wa. 98270  
206-659-4923

You may pay your dues to your county secretary.



**District One  
Gerald Thomsen**



It's time to sit down again and see if I can come up with a small article that will make some shred of sense. After doing my income taxes and seeing what the EMA Tax Bill did, it was probably the best thing done for us in recent history. Now if we could get rid of the L route concept, and several other things, everyone would be happy.

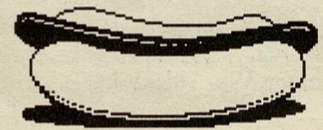
Karen De Bella was guest speaker at my local county unit's annual meeting. She showed a video on mailbox hazards that opened up much discussion on safety. It was an excellent meeting, perhaps the best we've ever had.

I believe this association owes Butch a thank you for putting out this paper. It has to be a thankless job, with criticism coming from people who can do nothing but criticize. Maybe some help would be more appropriate, at least some words of encouragement.

Thanks Butch, for all the work you do in putting out this paper. You're doing a wonderful job!!!

Sincerely,  
Gerald Thomsen, District 1

**District Two  
Kit Witt**



One of my responsibilities as District 2 Representative is to write an article for the Washington Postman. I have never missed one yet. Last issue all 4 District articles were missing. I can only speak for myself, but my article was sent to the editor. It was her choice to eliminate it. It was not late as it arrived prior to the President's article. I do object to state officers' articles being eliminated in lieu of filler material.

By now all the counties have had their annual meetings and are sending delegates, constitutional changes and resolutions to the state convention in Richland. Please try to attend.

On Sunday May 7 I participated in the Tacoma MSC's Rodeo. The course was set up for postal vehicles and not for rural carriers who drive private vehicles. I will try to see if we can change that next year so please keep it in mind and try to drive in it. George Boettger cooked me a hot dog and everyone had fun. Don't forget state convention in Richland on June 25.

Sincerely,  
Kit N. Witt, District 2

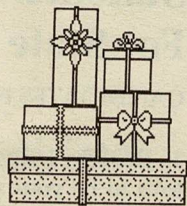


**District Three  
Lynn Walker**

Hello to all! Would like to take this opportunity to thank all the officers and members of the third district and the state for a most pleasant 2nd year as your 3rd district committeeman. Donna and I have attended Chelan-Douglas, Okanogan, LGA and Spokane unit meetings this past year. We would all like to see a better turnout at unit meetings. Would welcome any ideas for a better attendance. I would like to thank everyone who came to the 3rd District in March. We had a good time hope you did too. Looking forward to seeing you at Richland in June.

Sincerely,  
Lynn Walker, District 3

**District Four  
Darline Kendall**



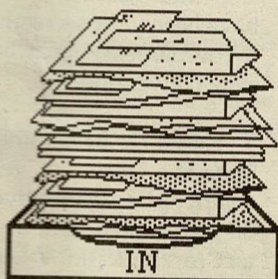
I can't believe the amount of snow we had this spring. On Feb. 3rd I left here by train to go to a board meeting in Tacoma on the 5th. The next day I traveled to Portland for eye surgery. The weather cleared up during the two weeks I was recovering. The day I went back to work it snowed again. I worked a week and caught whatever has been going through the office and I was home another 5 days while the weather cleared up, and yes you guessed it, I told my daughter that she could stay home tomorrow and I'd go to work and sure enough it snowed again. Oh well I guess that's life. Spring is here at long last.

The last time the Southeast Rural Letter Carriers invited me to their meeting was the same day the lady who gave me my first mail carrying job was celebrating her 50th wedding anniversary. I send my apologies to SE Washington County but I was there on March 5th.

District 4 was held April 2nd in Richland at the Hanford House, the same site for the 1989 State Convention. Lunch was provided as door prizes for District 4 attendees. See you in Richland June 25-28!

Darline Kendall, District 4

**State Steward  
Neil Buchanan**



**POSTAL VEHICLES**

As almost everyone in the rural craft now knows, rural carriers may buy surplus postal service automotive equipment: That is 1/4 ton Jeep Dispatchers, 2 wheel drive and 1/2 ton van type. Rural carriers get first chance to buy these vehicles. Whenever there is a sale, the notice should appear on your offices rural bulletin board. So far I understand rural carriers have bought all the vehicles offered.

I have some concerns about these vehicles. If you serve a short heavy route, the jeep may be just what the doctor ordered. Just remember these jeeps are very short and narrow and tip over easily. The steering should be checked thoroughly and be kept in top condition. These are pretty old vehicles. Just remember that at speeds as low as 35 if you turn a jeep suddenly it will roll over.

Another request that I have for you whether driving an old jeep or a new Ford, please get overhead flashers or the new strobe lights. These lights will prevent accidents and accidents hurt and cost.

**QWL/EI**

If QWL/EI has not yet come to your office, the process seems painfully slow. We are making progress and have been assured by the highest levels in management that the current financial crunch will not stop QWL/EI. We have been asked and we relay that request to you that no money be wasted. We don't want to suspend the process for many reasons, but one really stands out: Once QWL/EI is in place, the postal service will do a better job and operate more economically, therefore it is imperative that we move on.

We now have 6 members on the joint steering committee, 3 managers and 3 rural carriers. There are 24 facilitators trained and working. There are more than 25 Post Offices that either have their own work teams or share in an area work team. More work teams are training every week.

The Divisional and Regional Joint Steering Committees met in Tacoma May 4, 1989. You should be pleased to know that your Division Joint Steering Committee came away from this shake down meeting with few mistakes that required any retreating. We were commended for

State Steward  
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**Insurance Director  
Ed Koschalk**

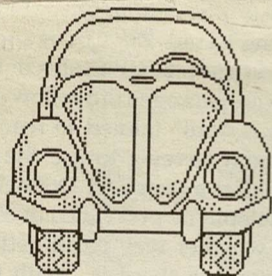


Here it is about the middle of May-with just a little over a month until the state convention in Richland. It seems like it has been only a couple of weeks ago that Ann and I were driving through a rain storm, freezing snow-you name it- on our way back to Spokane from the District 1 meeting in Mt. Vernon. That was the first of four district meetings I was fortunate to attend. It's always nice to get together with the rural carrier family and share experiences and exchange ideas. I'm looking forward to seeing all of you in Richland the latter part of June for the convention. Having attended the District 4 meeting in Richland at the Hanford House-may I say a great location for the convention, Cindy. I'm sure you and the members at District 4 will be putting on a class act. I encourage everyone that can possibly see their way clear to attend-to do so. Not only will you have fun-you will find it informative, educational, and best of all it's a great opportunity to meet fellow rural carriers and especially the backbone of our association the retired carrier.

Now a little about the RLC Auto Insurance Plan underwritten by National General Insurance Company. In the last issue of the Postman I told you that we had 519 members carrying the RLC Auto Insurance at end of 1988. As of March of 89 there were 525 members enrolled with NGIC and 13 more carriers had requested rate quotes from National General. I would have to presume as I am writing this that at least 1/4 of those have elected to have National General insure their autos. Remember-you too can have peace of mind knowing you are covered both on and off the route and save money on premiums as well.

Do you know a fellow member who would like to save money? have them call the NGIC toll free hot line to find out how much they can save. 1-800-VIP-AUTO.

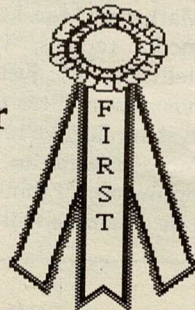
Sincerely, Ed Koschalk



**65 mph Takes It's Toll**

The number of people killed in passenger vehicles has been climbing ever since 38 states raised the rural interstate speed limit from 55 to 65 miles per hour. Statistics compiled by the Insurance Institute for Highway Traffic Safety show that 22 percent more fatalities occur on rural interstates where the passenger vehicle speed limit is 65MPH than occur where the speed limit is 55 MPH!!!

**Carrier of the Year  
Nomination**



I WISH TO NOMINATE...

\_\_\_\_\_ for the Carrier of the Year Award for Washing State. The rural carrier has supported the WRLCA and his/her community in the following ways.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Send this to State Secretary  
Dexter Nesmoie  
1809 7th St.  
Marysville, Wa. 98270  
or bring to state convention!!

**NRLCA Pharmacy Service**



**JUST WHAT  
THE DOCTOR  
ORDERED**

When you use your NRLCA Pharmacy Service you can always depend on getting just what your doctor prescribes — and the FREE DELIVERY right to your door is FAST, RELIABLE, SAFE, AND CONVENIENT.

SAVINGS UP TO 50% and more can be yours on generic medicines and vitamins. And your entire family is eligible — thousands of budget-minded families already use this direct-by-mail service for all of their prescriptions!

You can order with confidence because ALL PRESCRIPTIONS ARE FILLED BY REGISTERED PHARMACISTS and mailed the same day received.

RECEIVE \$1.00 OFF ON YOUR FIRST ORDER if you are a new customer — just use the coupon below and check the box provided.

MAIL TO: **NRLCA PHARMACY SERVICE**  
200 Main St., Madrid, Iowa 50156

- Enclosed are \_\_\_\_\_ prescriptions. Fill at once
- I am a new customer. Deduct \$1.00
- FILL Rx with Generic when available
- Send confidential Generic price list
- Quote prices on my encl. list of medicines
- Send me your Bargain Vitamin Brochure

COMPLETE IF RX IS ENCLOSED  
Dr's Name \_\_\_\_\_  
Dr's Phone No. \_\_\_\_\_ / \_\_\_\_\_  
AREA CODE \_\_\_\_\_

Members Name \_\_\_\_\_  
Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

- Send itemized invoice with order. I will pay promptly.

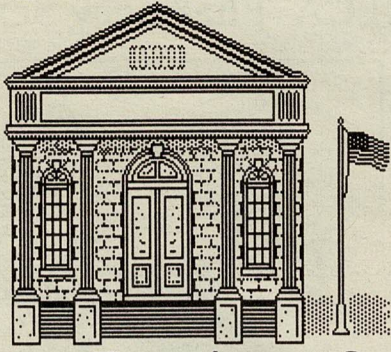
Charge  VISA  MASTERCARD Expiration MONTH / YEAR  
Date \_\_\_\_\_ / \_\_\_\_\_

CREDIT CARD NO. \_\_\_\_\_

**OWCP Assistance Program**

If you were unfortunate enough to suffer a traumatic injury or have an occupational disease arise from your federal employment? Mike Watson has been assisting injured civilian federal employees for over 10 years on behalf of Labor's Community Service Agency, AFL-CIO. For the last 6 years, he has carried a 95% or better success rate. Mike Watson and Associates Inc. is a subscriber program that will protect you if you should have a claim or currently have a claim with OWCP. The Washington Rural Letter Carrier's Association contributes to this service so that individuals may suscrive at a minimal yearly fee.

By subscribing you will receive:  
Complete information and assistance regarding which forms to file.  
Assistance in writing the necessary in-depth statements.  
Assistance in obtaining the proper medical reports.  
Preparation of the case for Hearing, Reconsideration and/or Appeal.  
Total resolution of the claim.  
Assistance in obtaining all federal benefits due to the individual. For Union Members there is no charge for the first phone call consultation.  
For more information call Mike at - 503-232-2375. or you can write him at - PO Box 42158  
Portland, OR 97242-0158



## The Sears Experiment Survey By Karen De Bella

In the last issue of the Postman I reported on an experiment being conducted by the Postal Service in sub-contracting services to customers by way of Sears minimum wage employees. I called this the "Sears Experiment Survey" The response was 100% for "NO WAY NO HOW", meaning that the carriers who responded to this survey feel very strongly that we should not allow the postal service to act in this fashion.

Here are some of the comments from the carriers:

No to #2. "I think that if Sears is successful in this experiment they are conducting with the postal service it won't be long and other stores such as Target and K-Mart which are both nationwide, will begin to do the same thing. Mail carriers and mailhandlers will be looking for new jobs.....Down with Privatization!!"  
Rosalee Voshell, Spanaway.

No to #2 "If the Postal Service wants to be in shopping malls, then let them open satellite post offices in the malls. NO PRIVITAZION!!!"  
Carolyn Price, Ridgefield

No to #2 "If we need to compete let's have our own small outlet, not through Sears."  
Carol Doherty, Lake Stevens

No to #2 "NO WAY NO HOW"  
Marjorie Erickson, Marysville

Now is the time to write letters to your representatives in Washington DC. We can not afford to let this one slip by or any other issues concerning Privatization.

The postal service again is attempting to contract out our rural routes to HCR Routes (highway contract routes). Please contact your officers with any information you may have about contract routes. If you have a contract route or know of an office that has one, your officers need that information.

Thank you for your responses,

Karen De Bella

The following is a copy of a letter dated May 8, 1989 from Michael S. Coughlin, Deputy Postmaster General in Washington DC 20260-0050

MEMORANDUM FOR FIELD DIVISION GENERAL MANAGERS/POSTMASTER

SUBJECT: Alternate Delivery

I call your attention to a recent article on alternate delivery contained in the Hoke Communications, Friday Report. The fact that these and other similar studies are being conducted points to the serious consequences of not keeping our prices—in other words our costs—in line. The more successful the efforts by each of you and your division employees to control costs the, the more difficult it is for alternate delivery to become cost-effective for the mailer.

You're well aware of the financial outlook for the remainder of this fiscal year, and the budget for next fiscal year will be even more constrained. If we don't capture total savings associated with the cost reduction programs, and if we don't manage staffing properly, we will continue to fuel the fires of alternate delivery proponents.

Please keep these points in mind as you read the article.

Michael S. Coughlin

### THE FRIDAY REPORT

Published weekly by HOKE Communications Inc.  
224 Seventh St.  
Garden City, NY 11530  
516-746-6700

*Alternate delivery testing program completed.* The direct marketing Assn. last Friday (4/14) ended its Long Island /Minnesota saturation doorknob polybag delivery. While results are being weighed, DMA last Tues.(4/18) issued an invitation to 80 third class mailers to participate in a piggyback/ magazine experiment, scheduled to begin this summer and for the first time, include Long Island addresses.

The upcoming magazine test theorizes that piggybacking direct response pieces with a particular magazine title can be just as effective as renting the magazine's circulation list. The test delivery fee of 3.5 cents a piece or \$35/M is appealing, compared to the third class postage range of 10.1 to 16.7 cents apiece, plus the cost of mailing list rental and lettershop fees. DMA says immediate response to the letter signed by Dick Barton, DMA's sr. vp. government affairs, has been very good. Both delivery tests are being guided by consultant Bob Inhofe, with deliveries contracted to Phil Miller's United Delivery Systems.

Participating mailers are being asked to choose compatible "ride along" partners from the 15 magazines being delivered, including Better Homes and Gardens(203,000). Good Housekeeping(83,000), Life (10,000), Ladies Home Journal(99, 500), McCalls (93,000), Redbook (68,000), Popular Mechanics(29,500), and Golf (11,500). In addition to New York, the test markets cover areas of Nebraska, Minnesota, Wisconsin, Michigan and Illinois, primary delivery areas for UDS.

The DMA saturation delivery test, just completed, pinpointed "upscale" areas of Long Island and Minnesota, with five mailers: Sears for general merchandise; Sara Lee for its L'eggs hosiery; Columbia House for its CBS Compact Disc Club; Donnelley Marketing ofr Carol Wright; and Current for its personalized checkbooks. Of the overall 100,000 homes targeted, 50,000 were delivered to five Long Island ZIP Codes and another 50,000 were delivered to seven ZIP Codes in the Minneapolis vicinity. Half were packaged in a yellow poly-bag marked "Private Class A Mail" (aimed to reach you a class A customer, without having to use the postal service") and the other half in a clear bag. Donnelley Marketing is completing a telephone poll (1,000 in each state) asking the recipients whether they recall getting the bag and what they remember about it. With the exception of Sears and Donnelley, who used preprinted pieces, inclusions were coded for responses. Results are to be announced at the DMA Governmental Affairs meeting in Washington, D.C. on May 11.

Times, Inc. Magazine Group has an alternate delivery test planned for June, probably in Atlanta. And in the business -to-business world, office supply cataloger Quill Corp. plans to test deliver a 30,000 piece, 24 page catalog in Milwaukee and Warren, MI in August, to compare results against its initial test there last August. Marketing Mgr. Lowell Meyers said, contrary to other media reports, "We're not discouraged about private delivery. It's just slow progress getting business-to-business mailers to test, unless there's a broad based system. But, we're learning, and our new test will give us more research to work with." Inhofe also expressed optimism: "I think alternate delivery growth by postal rate case time will be very significant."

## Letter to the Editor

Quite often I hear people say that the union never does anything for us. At one time you donated you car without any EMA. Our good wages and benefits that we all enjoy today are a result of the efforts of contract negotiations. Recently, our state steward took a day of his time to come over to the Spanaway office to settle a step 2 grievance on a letter of warning for a carrier. I think he should be commended for it and I think his action is a fine example of what our union officers do for us.

Martin Letterneau  
Local Steward, Spanaway

## Statements from Candidates For State Office

### CANDIDATES FOR PRESIDENT

1. Dorothy Iannucci, Incumbent for President "I would love to be your president for another year. I feel that much more can be done."
2. Dan Snyder, State Vice-President at this time announces intentions to run for State President. "I have been your Vice President for the last two terms and I am ready to move on to the Presidency. I've served my fellow carriers as local steward for 7 years; and Whatcom County President for 6 years. I'm a strong supporter of the steward system in this state."

### CANDIDATES FOR VICE-PRESIDENT

3. Gerald Thomsen, District 1 Representative announces his intention to run for State Vice - President, "I am a candidate for Vice-President this year. Serving two terms as District 1 has provided me with the necessary state board experience to qualify me as a candidate for State Vice-President. Please support me at the convention."

### CANDIDATES FOR STATE SECRETARY-TREASURER

4. Dexter Nesmoe, incumbent for St. Sec. -Treasurer, " I have been your secretary treasurer for 3 years and wish to continue serving in this capacity. Please vote for me at state convention."
5. Karen De Bella announces her intentions to run for State Sec-Treas. "I've served you for three years as District 2 Representative, 4 years as your Assistant State Steward, and 8 years as county secretary. I'm the secretary for the National Lady Rural Letter Carriers' Club. I maintain the state's computer address list, and upon request provide mailing labels to county secretaries."

### CANDIDATES FOR EDITOR

6. Icelia "Butch Peterson for state Editor, " My experience as a QWL/EI Facilitator, County President and State Editor has enabled me to welcome change and new ideas. Developing the Postman into a quality paper has been my number one concern. With your support and suggestions I'll be happy to serve the members as editor this coming year."

### DISTRICT 1

No articles received.

### CANDIDATES FOR DISTRICT 3

7. Lynn Walker incumbent for District 3 " I have enjoyed serving as your committee person the past two years. I hope I have made some real contributions to the membership and the board. I would appreciate the opportunity to serve in that capacity for the next two years and I ask for your support.

Attend state convention and let your delegate at large know who the candidate of your choice is. Thanks, your Editor.

## Raffle By Mail



Auxiliary Raffle tickets for the hand made quilt can be purchased by sending \$1.00 to:

Janet Lange  
724 Trails End  
Lynden, WA 98264

Junior Raffle Tickets for the for the Stereo and First Day Cancellation signed by Governor Booth Gardner can be purchased by sending \$1.00 to:

Alicia Peterson  
PO Box 730  
Eatonville, WA 98328

Drawing for both the auxiliary and junior raffle will be at the annual banquet held during state convention in Richland this June '89.

### Statements From Candidates For Delegates to the National Convention

**DAN SNYDAR**

I'm asking for your vote as a delegate to national Convention. For several years I have attended National Conventions without any compensation from the state. I promise that if I'm elected to the delegate position I'll attend all meetings; share the information I receive in my articles & at state meetings.

**ICELIA PETERSON**

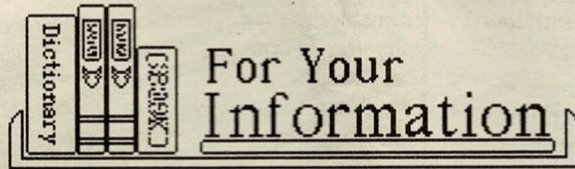
Last year I attended the national convention in Orlando. The editors's seminar held there proved to be informative and educational. RuthAnn Sanger, editor of the NRLCA magazine, was there to answer our questions. I pledge to the members to represent you at all meetings; reporting back in the Postman.

**KIT N. WITT**

I am asking for your vote for delegate to the national Convention. Last year I was the delegate-at-large and want to continue learning. We will be electing a new national president and a delegate must attend meetings and caucuses and ask questions.

**KAREN DE BELLA**

Last year in Orlando, I successfully defended the WRLCA from charges brought against this union by one of our members. I was commended by the National Board for my conduct during this hearing. Service and commitment to the carriers will always be my first duty. Please vote for me.



State Steward Con't. from page 3

the well planned and deliberate way the process has moved forward.

To many of us it may seem like unnecessary verbage, but the conduct of a very few in our craft leads me to conclude that there may be quite a few rural craft members that don't realize what a high calling our job represents. Please take time to read and take to heart the Code of Ethical Conduct for Postal Employees..

**CODE OF ETHICAL CONDUCT**

742.1 Basic Philosophy  
 ...12This statement of ethical conduct is provided to instruct and to guide those employees entering the service for the first time, and also as a reminder to all employees of the conduct required and expected of them in carrying out their official duties....13All postal personnel must act with unwavering integrity and complete devotion to the public interest. Postal personnel are expected to maintain the highest moral principles, and to uphold the laws of the United States and the regulations and policies of the Post Office Department....

There is planned a short Labor Relations Seminar for Monday evening at the state convention. Be sure to attend this years convention in Richland. You will be surprised at all you will learn. One word of caution: Once you attend your first state convention you may well be hooked and want to come every year thereafter.

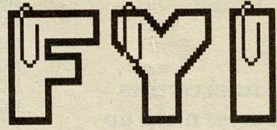
Neil M. Buchanan, State Steward

### Retirees' Honor Roll

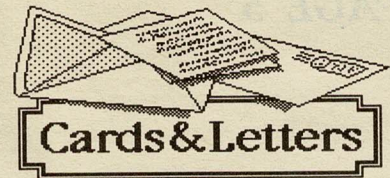
Too often we forget to thank our retired rural carriers for all that they have done for us. The retirees make up a major portion of our membership and so we say>>> "THANKS" by publishing their names in the Postman.

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| K. | ADAMS | AMOS | ANDERSON | ANDERSON | ANDERSON | ANDERSON | ANDREWS | ANTON | ARMSTRONG | AUSTIN | AYERS | BACCUS | BAGLEY | BAILEY | BARNETT | BARRETT | BARRY | BARTLETT | BAUER | BEHME | BELKNAP | BELLING | BENNER | BERGER | BETTS | BODE | BOICE | BONK | BOSTON | BOWRON | BOYCE | BRANDSTROM | BREWER | BROOKS | BROWN | BROWN | BRUNER | BRYNILDSEN | BUDD | BUDDRIUS | BULLARD | BURDETTE | CAMPBELL | CAPPS | CAPWELL | CAPWELL | CAUDILL | CHRISTENSEN | CHRISTENSEN | CLARK | CLIZER | COLWELL | COOK | CORBIN | CRAIN | CRIDER | CROFOOT | CROFOOT | CULBERTSON | CUMMINS | CURTIS | DAHL | DALEBOUT | DANELL | DAVIES | DE YOUNG | DECKER | DENTON | DICK | DIXON | DODGE | DONNELLY | DONOVAN | DORENBUSCH | DRAKE | DRAPER | DRAWHORN | EGGER | EMERSON | ENGLER | ERVIN | ERWIN | EVANS | EVANS | FARR | FEARS | FERRILL | FERRIER | FISHER | FLEICHMAN | FORD | FRIES | GAGE | GALDE | GAMMON | GARDINER | GILCHRIST | GILLIAM | GODWIN | GOERTZ | GOOZEY | GREEN | GREENWOOD | GRIPI | GRIMM | GROVE | GUPTILL | HAFNER | HAKE | HALL | HALLECK | HARBURG | HARRIS | HARRISON | HART, JR. | HASTINGS | HATHAWAY | HAWLEY | HELDE | HELDE | SEQUIM | HAROLD | MARY | J.B. | VERN | PEARL L. | VICTOR E. | BERNICE B. | FCAE | ROBER E. | KENNETH | BUNNY | JW | MIRIAM | ROY | MELVIN A. | NED S | LAWRENCE | DONALD | WINIFRED | HUGH M. | WAYNE O. | WILLIAM | HD | WF | GEORGE | BERNARD | ROBERT | THEODORE | CHRIS. | WILLIAM J. | GLENN O. | ANSEL | JERRY L. | VERN L. | THOMAS G. | DELMOND | MIKE J. | BEN | CHARLES | RICHARD L. | JAMES | MIKE | VERN | NORMAN C. | JOHNNY M. | WILLIAM | S.M. | BILL | GEORGE | RALPH | VERN | GLAIN H. | LEON | AUDREY | GLADYS Y. | FRANCES | JAMES R. | BUD J. | MELVILLE | ROLAND | KENNETH | WJ | DAN | EVA | ROBERT | ARNOLD | ROBERT | FORTNET | PHILO | BRACIE | BETTY JO | HARRY | ERVIN | HILDE | SHIRLEY | MRS I. | JOHN | DONALD | ARTHUR | OSCAR | ALICE | DARRYL | CLAYTON | DARLENE | JOSEPH | GRACE | CHESTER | GEORGE | LEE | HENRY | HARRY | PHYLLIS | DOLORES | ROBERT | HARRY | ANNE | LOIS | WW | HERBERT | RAYMOND | GEORGE | LEO | MARJORIE | WESLEY | VIRGINIA | LORAYNE | ANDREW | DALLAS | SAM F. JR. | JOE | JAMES | NORMAN | BENJAMIN | WILLIAM | FILL | ALBERT | WAYNE | GEORGINE | MELVIN | YAKIMA | CARNATION | EPHRATA | EDWALL | NORTH BEND | SPOKANE | VANCOUVER | SEQUIM | NORTH BEND | POULSBO | EPHRATA | YACOLT | WILBUR | VASHON | RIDGEFIELD | WALLA WALLA | LA CROSSE | CHARRAROY | OTIS ORCHARDS | SEATTLE | VALLEY | REPUBLIC | SPOKANE | PASCO | ROCHESTER | LYNDEN | LYNDEN | SPRAGUE | WAPATO | MT. VERNON | ELLENSBURG | MT VERNON WA | WINLOCK | YAKIMA | LEAVENWORTH | RAYMOND | CAMAS | BELLINGHAM | HOQUIUM | LEAVENWORTH | EVERETT | DEERPARK | YAKIMA | SPOKANE | POMEROY | POMEROY | WENATCHEE | BREMERTON | KENNEWICK | TOLEDO | DAVENPORT | TOUCHET | SPOKANE | AUBURN | BAINBRIDGE IS | BICKLETON | COLVILLE | COLVILLE | SILVERDALE | TOUCHET | FRELAND | VANCOUVER | OLYMPIA | OLYMPIA | TENINO | NANSVILLE | BELLINGHAM | WASHOUGAL | RAYMOND | BATTLE GROUND | EPHRATA | WAITSBURG | MONROE | SHELTON | SPANAWAY | SNOKOMISH | WOODINVILLE | ELLENSBURG | ALBION | CARNATION | MESA | YACOLT | GUSTAVUS | SEATTLE | PORT ORCHARD | WENATCHEE | YAKIMA | LACEY | SAIN JOHN | PULLMAN | SELAH | COLFAX | ELLENSBURG | ARLINGTON | MESA | NEWPORT | GIG HARBOR | OLYMPIA | MT. VERNON | CHENEY | ISSAQUAH | OLYMPIA | MT. VERNON | EATONVILLE | COLFAX | KENT | COLFAX | SNOHOMISH | WAPATO | SUN CITY | KELSO | BELLINGHAM | ELMA | OLYMPIA | TACOMA | MARYSVILLE | STEVENSON | CLINTON | MT. VERNON | MT. VERNON | HENRY | HETHERINGTON | HILTON | HIRNI | HOBBLE | HOLLAND | HOLMES | HOOG | HUNT | HURLBUT | HURLBUT | HUTCHINSON | HUTTULA | IBACH | JACOBS | JAEGER | JAMES | JANSEN | JENSEN | JESSEN | JOHANSON | JOHNSON | JOHNSON | JOHNSON | JOHNSTON | KANGAS | KAPLAN | KIMMEL | KING | KINSMAN | KLEIN | KNATCAL | KREYSSLER | KRONGSTAD | KUMMER | LANE | LANE | LANG | LANGE | LAUFF | LAUGHERY | LEHMAN | LENZ | LEVINE | LIEN | LIND | LINDERMAN | LINDSKOG | LOGSDON | LORENZ | LYDAY | LYNN | MACKAY | MACKENZIE | MADDOX | MARTIN | MASSIE | MATHEWS | MATHISON | MAYBERRY | MC CARTY | MC DOWELL | MC GEE | MC GEE | MC KNIGHT | MC MILLAN | MC NAIR | MEALY | MEBIUS | MELLAND | MERRIFIELD | MESSINGER | MIDDLETON | MILDES | MOFFITT | MORTIMER | MURPHY | NEIFERT | NEIL | NELSON | NELSON | NEUBAUER | NEWBERRY | NUNN | O CONNOR | OFFICER | OGDEN | OLLOM | OLSEN | OLSON | OSBORN | OTTERTSON | PARKER | PATTERSON | PATTON | PAYNE | PEAK | PEDERSON | PENDER | PERLATTI | PETERSON | PHIPPS | PICKENS | PICKETT | PLUMMER | PORTER | POWER | PURDY | RABER | RAINS | REDENBAUGH | REED | REMICK | RENTZ | RICHARDS | RICKS | RIDER | RISE | RITTER | ROBB | ROBINSON | ROGERS | ROHRMAN | ROSS | RUDY | RUMBOLZ | RUPERT | SCHIED | SCHMIDT | SCHOELKOPF | LEO | RICHARD | EARL | CHRIS | CLARANCE | VANCE | ROLAND | RONALD | ALFRED | LELAND | LELAND | GEORGE | RICHARD | DORIS | JOHN | FRED | JERRY | SHIRLEY | NORMAN | RUTH | ROBERT | MAURICE | DAVID | CLARENCE | JAMES | RUDOLPH | CARROLL | GEORGE | RAY | DOUGLAS | IONA | ROSCOE | LW | MYRTLE | ALFRED | JAMES | PATRICIA | ROBERT | ROBERT | CONRAD | MERL | LYLE | M. CAMAS | HELEN | ALFRED | ANTON | WILLIAM | LUCILLE | DALE | PAUL | VIOLET | JOEL | M.E. | R.E. | CARL | WILMA | LEO | ALAN | RUTH | VIC | RICHARD | HR | ESTELL | ETHEL | WILLIAM | JOHN | JIM | MORGAN | HARRY | ALBERT | HENRY | ROBERT | JOHN | MELVIN | MARTIN | JOHN | ROBERT | CHARLES | LEROY | JACK | JUANITA | SANDRA | MARY | JERRELL | JOHN | DONALD | DORIS | ELDRICH | LAVERN | WILLIAM | CARL | FRANK | WILMER | STUART | HOWARD | ALTON | EVELYNNE | ETHEL | KENNETH | HENRY | FLORENCE | ALLEN | LLOYD | GALE | SIDNEY | R B | OMER | ROBERT | LLOYD | DOUGLAS | ROBERT | FRANCIS | ROBERT | MRS. ELLA | WILLIE | DEWEY | T. LYNN | JIMMY | MARVIN | DELORES | HARLEY | E.C. | WESLEY | ALFRED | EARL | JOE | MALVINA | VIRGINIA | PAUL | ELLIOT | EALINE | BUCKLEY | OAK HARBOR | CHENEY | YAKIMA | WARDEN | ARLINGTON | BREMERTON | DEER PARK | DEER PARK | SPOKANE | MESA | OLYMPIA | ELMA | FERNDALE | LONGVIEW | ROSALIA | SEQUIM | SPOKANE | WENATCHEE | LONGVIEW | NACHES | MOSES LAKE | OLYMPIA | OAKESDALE | SUNNYSIDE | KALAMA | MEDICAL LAKE | VASHON | OUTLOOK | RESLYN | SOAP LAKE | SNOHOMISH | SPOKANE | STANWOOD | CHATTEROY | WILBUR | MOSES LAKE | VANCOUVER | LYNDEN | CHENEY | DAYTON | EVERSON | MARLIN | SEQUIM | ARLINGTON | MONROE | BELLINGHAM | SPOKANE | ZILLAH | SPOKANE | WAITSBURG | CAMINO ISLAND | SELAH | YAKIMA | CENTRALIA | BELLINGHAM | RIDGEFIELD | SPOKANE | EVERETT | SNOHOMISH | LOSTINE | VANCOUVER | WALLA WALLA | PORT ORCHARD | SHELTON | KIRKLAND | ADDY | GARFIELD | LONGVIEW | OTIS ORCHARD | MT VERNON | SEDRO WOOLLEY | BELLINGHAM | COLFAX | MEAD | CASTLE ROCK | THORNTON | GIG HARBOR | NEWBERG | COLFAX | PUYALLUP | OLALLA | MARYSVILLE | CASHMERE | SPOKANE | YAKIMA | PORT ANGELES | CLARKSTON | SNOHOMISH | BOTHEL | CENTRALIA | PAHRUMP | BATTLE GROUND | TACOMA | ST JOHN | SUQUAMISH | CASTLE ROCK | DAVENPORT | MONTRORSE | YACOLT | BAINBRIDGE ISLAND | SPOKANE | PORT ANGELES | AGOURA | WASHOUGAL | LOPEZ | LANGLEY | OMAK | SNOHOMISH | BAINBRIDGE ISLAND | CHEWELAH | EDMONDS | EVERSON | BATTLE GROUND | ELLENSBURG | AUBURN | EPHRATA | GRANDVIEW | ARLINGTON | BELLINGHAM | ARLINGTON | MOSES LAKE | OROVILLE | CLARKSTON | PUYALLUP | FERNDALE | HARRAH | PROSSER | KELSO | OLYMPIA | ROCHESTER |
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Junior Contest  
By Shirley Miller



Pac Man  
By Bob Lange



Junior Contest will feature posters or essays. Posters are to be no larger than 14' 17". Essays are to be limited to 500 words or less. Children and Grandchildren of all rural carriers are eligible to participate. On the back of each poster or essay please include the Junior's name, address, and birthdate, along with the name of the rural carrier parent or grandparent. Awards will be presented in each group. Each phase of the Auxiliary program will be included. Birthdates are as of August 1, 1989.

- Ages 6-9 "Participation With a Smile"
- Ages 10-12 "Participating in Freedom", The Liberty Bell
- Ages 13-15 "Through Participation-We Make a Difference"
- Ages 16-20 Defensive Driving

Any young adults who are interested in scholarships, the National Rural Letter Carriers Auxiliary has the Clara Gardner Burch Scholarship and the Marie Muchmore Scholarships available. The rules were printed in the February 4 issue of the NRLCA Magazine. These must be in on or before July 20, 1989. As you are preparing for driving to your conventions this year remember our safety emphasis is "Defensive Driving" and let's all practice this.

Sincerely,  
Executive Committee Chairman  
Shirley Miller

Contributions are needed for the NRLCA lobbying effort. The Political Action Fund is used to maintain friendly relations with members of Congress to preserve your fringe benefits, work practices, and policies affecting the welfare of each rural carrier, substitute, RCR & RCA and the retired carrier and their families. Make your check payable to the NRLCA Political Action Fund and send to:

Bob Lange  
724 Trails End  
Lynden, WA 98264

Upon receipt of \$5.00 or more you will receive a membership pin and a receipt. Please return this form with your contribution.

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_

CIRCLE ONE Regular; rcr/rca; sub; retired.

# On Duty Or Off... You'll Get More Coverage For Less With RLC Auto Insurance!

**Here's why...**

The RLC Vehicle Insurance Plan isn't like other plans because it's available only to Rural Letter Carriers. And it's been that way for over 35 years. With RLC Insurance, all your vehicles—including your route vehicle—are covered 24 hours a day. Regardless of whether you're on or off your route. Better yet, we'll insure you at a low "pleasure use" rate—instead of the more costly "business" rate charged by other companies.

**The Extra Benefits You Deserve**

As a Rural Letter Carrier, you belong to one of the safest driving groups around. And since the RLC Plan insures only safe-driving members—we see to it that you don't have to pay the freight for anyone else. The result? You enjoy lower premiums and broader coverage.

**More Ways To Save**

You can save even more by qualifying



Vehicle Insurance Plan

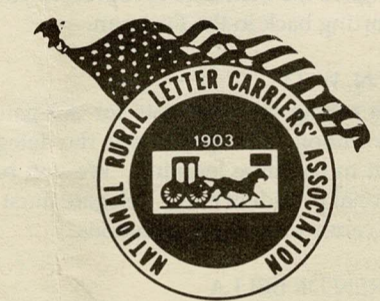
for some—or all—of these additional discounts\*:

- **Thrifty Fifty Discounts**—10% savings for drivers 50 years and older.
- **Multi-Vehicle Discount**—available when you insure two or more vehicles with us.
- **Accident-Free Discount**—this 5% credit kicks in after 3 years of accident-free driving with us.
- **Low Mileage Discount**—a hefty 15% discount for mature drivers with low mileage vehicles.

Over 17,000 Rural Letter Carriers are already enjoying our low premiums and superior protection. Call now—or complete and mail the form below.

Send or call for your free, no-obligation quote today!  
**1-800-VIP-AUTO**  
847-2886  
Ask for extension: 6807

\*Discounts available in most states.



## Reaching Out Across America

Our National Association and Auxiliary's Provident Guild celebrated its 57th year of service to you on July 22, 1988. We have helped many with their burdens over the years. Eighty families just this past year.

Won't you let us give your family some peace of mind, when your spouse has to go? If you are under 55 years of age, join the Guild today.

Contact your State's Guild Representatives, or mail the coupon from your RLC magazine for details. You can become a member for as little as \$10 a year.

**DON'T WAIT! — DON'T DELAY!  
DO IT NOW! — DO IT TODAY!**

**RURAL CARRIERS' PROVIDENT GUILD  
MRS. WESTFALL  
P.O. Box 139, SHREVE, OHIO 44676**

GENTLEMEN: Please give us the facts on Benefits available for our Age Class.

My date of birth is: \_\_\_\_\_  
Spouse date of birth: \_\_\_\_\_  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
Post Office State Zip Code

**YES...I WANT TO PAY LESS AND GET MORE!**

Please print and answer all questions completely. Use separate sheet if necessary.

MAIL TO  
RLC Vehicle Insurance Plan  
One National General Plaza  
Hazelwood, MO 63045

**1 PERSONAL INFORMATION**

Name \_\_\_\_\_ Do you own your home?  Yes  No  
Address \_\_\_\_\_ How long at your present address? \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ If 3 years or less, how long at previous address? \_\_\_\_\_  
Phone #: Days (\_\_\_\_) \_\_\_\_\_ Eve. (\_\_\_\_) \_\_\_\_\_ Do you live on a farm?  Yes  No  
Occupation: \_\_\_\_\_ If military/rank: \_\_\_\_\_ My present insurance co.: \_\_\_\_\_ IF NONE EXPLAIN BELOW  
No. of employers in past 3 years? \_\_\_\_\_ My current policy expires: \_\_\_\_\_ mo. / \_\_\_\_\_ day / \_\_\_\_\_ year

**2 PASSENGER CAR & TRUCK INFORMATION**

Veh. No.	Year	Make (Ford/Chevy)	Model (Escort/Malibu)	Body Style (2 Dr./Sta. Wagon)	Cyl.	Miles Driven Each Way To Work/School	Annual Miles Driven	Used In Business?	Place Car Garaged If Not Residence
1									
2									
3									

\*If yes, describe use \_\_\_\_\_

**3 RECREATIONAL VEHICLE INFORMATION (Motor Home • Trailer • Camper • Van Conversions)**

Veh.	Year	Body (Mtr. Hm., Van)	Make (Winnebago/Itasca)	Model (Chieftain/Sundancer)	Length	Date Purchased	New Or Used	Cost New	Current Market Value	State Registered In	Driven To Work/School	Estimated Annual Mileage
						MO.	YEAR				<input type="checkbox"/> YES <input type="checkbox"/> NO	
4											MILES 1 WAY	

**4 DRIVER INFORMATION**

(Texas ONLY) Date RV Purchased \_\_\_\_\_ Current Value \_\_\_\_\_

Date of Birth	Sex	Marital Status	Driver's Training?	Date Licensed?	% of Use of Veh.				Has any driver had a license revoked? <input type="checkbox"/> Yes <input type="checkbox"/> No
					Veh. #1	Veh. #2	Veh. #3	Veh. #4	

List all accidents or violations in past 5 years: \_\_\_\_\_  
Describe accident(s) & dollar amount of damage: \_\_\_\_\_

TOTAL USAGE MUST EQUAL 100% 100% 100% 100%

NC and TX rates and coverages are state mandated. Coverage not yet available to HI, MA and Canadian residents.

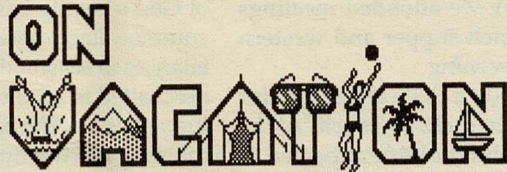
**Convention Chairman  
Cindy Norman**



Do we have activities available for you....Last issue I neglected to tell you to bring your golf clubs to the state convention. Of course I had good reason.. I didn't want you to get so involved golfing, that you didn't attend our meetings. However, yes there is a nearby golf course! It has appeared to me that everyone comes to enjoy a little something extra with our conventions. WE HAVE SOMETHING EXTRA!!! Come and make your own choice as to what it will be. District 4 is ready for YOU. See you in the tri-cities!

Cindy Norman, Convention Chairman

**Let's Have Fun  
By Melissa Norman**



Juniors,

Make sure you come along with your folks. We too have a FUN convention. See you at the Hanford House in Richland!

Sincerely,  
Melissa Norman

**Junior President  
Alicia Peterson**



Attention Juniors!!!!

Convention is nearing and I am anxious to see new faces and familiar old faces. Plan to go. This can be the best convention yet. Richland has a lot to offer plus lots of sunshine. We need some volunteers to help sell raffle tickets at convention. If you are interested contact a junior officer. See you soon.

Alicia Peterson, Junior President



**Hanford House Registration**

HANFORD HOUSE  
802 George Washington Way  
Richland, Wa 99352

To assure accomodations, please mail directly to motel

Room Type Requested

	2 Queen Beds	1 Queen Bed	1 King
Courtyard 1 Person	\$45	\$40	\$54
	\$59		
2 Persons	\$45	\$40	\$64
	\$69		
3 Persons	\$45		
4 Persons	\$45		

DATE OF ARRIVAL \_\_\_\_\_ NO. OF NIGHTS \_\_\_\_\_

COMPANY OR GROUP NAME \_\_\_\_\_ WASHINGTON RURAL LETTER CARRIERS ASSOC.

NAME \_\_\_\_\_

ADDITIONAL NAMES IF APPLICABLE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

Please guarantee \_\_\_\_\_ YES \_\_\_\_\_ NO Credit Card # \_\_\_\_\_

Room held until 6pm unless guaranteed by major credit card, or advance deposit. If requested room type is not available, reservations will be made in alternate accomodations. Rates subject to change without prior notice.

**State Convention Registration**

June 25-28, 1989

HANFORD HOUSE THUNDERBIRD  
802 George Washington Way  
Richland Wa 99352  
509-946-7611

COME ONE COME ALL! It's State Convention time. Please fill out the form below and let us know if you are planning to come.

NAME \_\_\_\_\_ ASSOCIATION \_\_\_\_\_

NAME \_\_\_\_\_ AUXILIARY \_\_\_\_\_

N A M E \_\_\_\_\_ J R S .  
NAME \_\_\_\_\_ JRS.

N A M E \_\_\_\_\_ J R S .  
NAME \_\_\_\_\_ JRS.

Registration- Sunday June 25th, 2-7pm Monday, June 26, 8-10am

Highlights and events you may wish to attend:

Sunday evening mixer-6pm ( ) Yes No( ) (including juniors)

Monday- County Secretaries' Breakfast \_\_\_\_\_ No. attending  
Need not be a county secretary to attend. Cost is free to county secretaries.

Monday Evening-Retirees Banquet @ \$12.50 5:30 pm \_\_\_\_\_ No. attending  
Need not be a retiree to attend.

Tuesday Evening- Annual Banquet @ \$15.00 - 7pm \_\_\_\_\_ No. attending

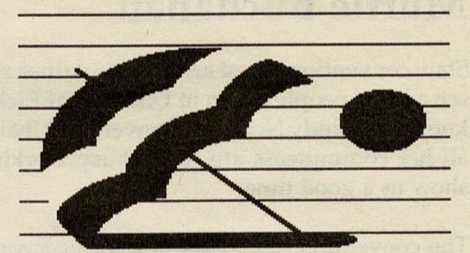
Wednesday Morning- Armed Forces Breakfast @ \$7.25 7am \_\_\_\_\_ No. Attending

Although you may register upon arrival, we appreciate your early registration if possible.

The juniors' program is being planned, and permission slips from parents will be required for some events.

Please send this completed registration to:

CINDY NORMAN  
905 WEST 47TH AVE.  
KENNEWICK, WA 99337



**SUMMER**

**Making New Friends  
By Adrienne De Bella**

The state convention is almost here. If your parents have not yet decided what to do this month, please tell them you would like to go to a state convention. The juniors have alot of fun while the parents are in meetings. There is a water slide and swimming pool, tennis courts and bowling and much, much more. It has been fun for me to meet other junior from the state of Washington while traveling with my Mom. Last year I met a super junior named Erin Johanson from Olympia and we have visited each other several times this year. Melissa Norman has been so busy helping her Mom with the convention! I hear they have a real good one planned. Please come to Richland and meet Junior President Alicia Peterson. She will make you feel welcome and special. We have been selling raffle tickets all year to get some extra money to have even more fun at the convention. Part of the money the Juniors will raise will go to the Auxiliary project and the rest to help with our convention expenses. Please buy some tickets. They are 3 for a dollar and there is an ad in this paper. Look for it and I will look for you in Richland. Last one in the pool is a rotten egg!!

Adrienne De Bella, Junior member (and I'm proud of it!)



### Auxiliary President Inez Nesmoe



It's that time again so here goes. Of course I waited to the last minute to start on this so forgive me if I make a mistake or leave anything out.

We have just returned from Western States Conference at Colorado Springs, Colorado. On the way we stopped in Northwest Montana. We spent 3 nights and 2 days with our daughter, son-in-law and 2 grand children there. I enjoyed the visit very much as we had not seen them since last August after national convention. We then went on to Sheridan, Wyoming where we spent Tuesday night. On Wednesday we stopped at Denver, Colorado and put our son on a bus for Arkansas before going on to Colorado Springs. On Thursday we got signed in for the Conference. Checked into our room and picked up all our tickets. In the afternoon we took a bus tour of the Olympic Training Center and then to the Air Force Academy. A very interesting trip. On Friday we attended meetings during the day and then out to the Flying W. Ranch for a ranch supper and western entertainment. Of course it snowed on Friday afternoon and evening. I attended the auxiliary luncheon on Saturday. They had a lady do a chalk art picture for us. It was wonderful how she drew in the mountains, trees, water, rocks and such. At the end she put different lights on the picture and the face of Jesus and the bible appeared in what was a blank sky. Saturday evening we went to the banquet. The decorations for the tables were mailboxes with colombines on the open door and a small note pad inside. The colombines were silk so they will last. On Sunday we got up and prepared to come home. It was snowing again and we had snow until we got past Denver and headed up into the pass. Then we had cloudy weather with periods of sun on the way home. We stopped in Reno on our way home so I could gamble a bit. I started with \$50.00 at the dollar slots. I fully expected to lose but an hour later I left the casino with \$432.00. Dexter, not being a gambler, went out and waited in the car while I was playing the machines. We drove on out to Sacramento and took I-5 home. A beautiful drive and we enjoyed ourselves very much.

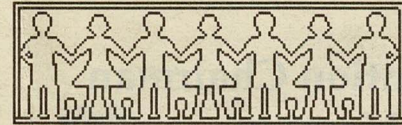
Janet Lange had the quilt at WS Conference and sold tickets there. Also representing our Washington Auxiliary was Myrtle Buchanan. The Association was well represented by Dexter, Bob Lange, Margie Gribie, Dan Snyder, Neil Buchanan, and Dorothy Iannucci.

The next thing coming up is our state convention in Richland. I'm looking forward to being there. Our National Aux. Representative will be JaNeil Buttars. JaNeil did the honors for National at WSC as President Joyce Griffin had illness in the family and felt that was where she should be.

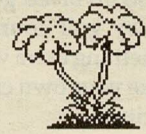
I'd like to express my gratitude to the people in Colorado for a very informative and fun conference. It was well organized and ran very smoothly.

Well, I guess I've about run out of time to get this mailed so I'll close with this reminder. We need items for County store and people to attend to help make it a successful Convention.

Sincerely,  
Inez Nesmoe, Auxiliary President



### Sunshine Lady Delores Robb



Springtime has brought a season of AWAKENING. All of God's beauty has been displayed for us. Next comes summer. Each season offers to us something special. Just enjoy each season that comes to you. many, many cards are mailed to all corners and throughout our state bringing sunshine. Think about this: SUNSHINE means cheerful, bright, warmth and creates Joy. Everyone likes receiving cards through the mail. We all want to be cared for and through these cards that you receive surely lets you know this, and that your life has been touched. WE DO CARE.

Our state convention will soon be here. Think about attending this. You can renew old friendships, make new friends and be apart of our Rural Carrier Family. Richland is the city chosen this year. Cindy Norman has been working on this for some time and wants this to be a good convention. COME TO RICHLAND!!!

SPECIAL \*\* SPECIAL NOTE: One cannot put Sunshine and Love into others lives without this returning to your own life. This is most certainly true.

To all the WRLCA members, Flowers have a message of their own to convey. When the beautiful flowers arrived in my room at Northwest Hospital and the card said "some sunshine for the Sunshine Lady" my heart was filled. I certainly enjoyed them and it brought joy to me. I want to thank each and everyone of you from the bottom of my heart. I'd like to believe that these flowers helped in my recovery. My ankle is healing well. I give God all the praise and glory for this. Many blessings and learning lessons have come into my life since this happened. I've been blanketed with prayers, love, cards, flowers, visitors, phone calls and acts of love. So you see your "Sunshine Lady" has been well taken care of.

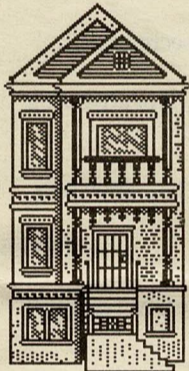
Your friendly sunshine friend,  
Delores Robb, Sunshine Lady

PRESIDENT  
Inez Nesmoe  
1809 7th St.  
Marysville, Wa 98270

VICE PRESIDENT  
Donna Walker  
Rt 2 Box 114  
Chewelah, WA 99109

SEC.-TREASURER  
Myrtle Buchanan  
2030 Steinmetz Rd.  
Chewelah, WA 99109

SUNSHINE  
Delores Robb  
6213-208th St. NE  
Arlington, WA 98223



### Auxiliary Secretary Murtle Buchanan

State convention is just around the corner and I hope to see a lot of people down in District 4 at Richland, Wa. I know that Cindy Norman, Convention Chairperson and all her committees are really busy working for us to show us a good time.

The convention has something for everyone including the children. The auxiliary sponsors the junior program. There will be a full program for the Juniors during the sessions of the Auxiliary and Association meetings.

The Auxiliary project is the Alheimers and Related Disorders this year. We are selling notes of 8 to a package with envelopes and a porcelain bell with a picture of a mail box on it. At this point in time, the bells are on back order, so I'm taking names and addresses and will ship the bell when they arrive. The new bells will be larger than the first ones and the National President says not to have any left over, so we're only getting bells to fill the orders through state convention.

We thought summer was here but right now it feels like fall with the temperature dropping close to freezing tonight. But Mother Nature has done her wonders again with the beautiful green hill and the sweet smelling flowers that are in bloom. The lilacs are just in full bloom and are simply beautiful.

Neil and I have had a prayer answered. Our son Marc who lived in California for the last 6 years has been transferred by his company to Puyallup to work. We have prayed for a long time for Marc to be back in the Northwest.

Hope to see you all at the convention in Richland June 25-28, 1989.

Myrtle Buchanan, Auxiliary Sec.-Treasurer

### Teen Suicide By Alicia Peterson

Adolescence is a difficult time. It is a time when teens want to explore the world. Pressure is practically killing some teens. Many teenagers are murdered by other teenagers. Teens begin to smoke and drink to try to fit in. Almost all highschool students have a friend that has committed suicide. When grades are low and friends are few some teens feel that dropping out of school is the best way to go. Wrong. There is help. Counselors, parents an understanding friend, or a teacher are willing to listen and give advice.

Some symptoms are depression, staying distant from the family, a sudden change in habits and attitudes, and giving away prize possessions. If you notice these changes don't wait. Get help immediately because the situation won't go away by itself.

Respectfully submitted,  
Alicia Peterson, Junior President

#### Honor Roll Con't.

SCHOW	MICHAEL	GREENACRES
SCHUCHMAN	LOY	PLUMMER
SEYMOUR	ROBERTA	MARYSVILLE
SHAFER	MAX	NACHES
SIMDARS	ALBERT	SEQUIM
SIMMONS	ALICE	OLYMPIA
SIMPSON	LEONARD	COLBERT
SKIDMORE	DONALD	COLVILLE
SMEAD	LESLIE	WASHOUGAL
SMITH	DONALD	CASHMERE
SOINE	HAROLD	MT VERNON
SPROUFFSKE	SHANNON	TACOMA
STAEHLY	ALBERT	KETTLE FALLS
STENCIL	FRANKLIN	LAKEBAY
STEPHENS	IDA	VANCOUVER
STEPHENSON	HENRY	COLVILLE
STEVENS	JOHN	CHELAN
STEWART	HELEN	GIG HARBOR
STEWART	CHARLES	LOON LAKE
STIDMAN	JANIS	EPHRATA
STONE	RICHARD	LAMONT
STORKEL	C.L.	GOLDENDALE
STORM	M.G. BUD	LATAH
STORY	HERBERT	SPOKANE
STRATTON	GRACE	NEWPORT
STUART	W.H.	MAPLE VALLEY
SUNDSTROM	CLYDE	FRIDAY HARBOR

#### Honor Roll Con't.

SWAN	SEVERT	KETTLE FALLS
SWANSON	DONALD	DEER PARK
TANGUYM	WALTER	FERNDAL
TARWATER	HELEN	WALLA WALLA
TAYLOR	CARL	LANGLEY
TAYLOR	ROBERT	ELLENSBURG
TEAGLE	H.F.	SPOKANE
TERRY	EDWARD	OTHELLO
THOMAS	JEAN	PUYALLUP
THOMAS	GEORGE	CAMAS
THOMPSON	HOWARD	VERADALE
THOMPSON	ORVA	YAKIMA
THOMPSON	RALPH	FARMINGTON
THORENE	HENRY	MT VERNON
THORNEYCRAFT	GLENYS	ANACORTES
TORSET	ELEANOR	STANWOOD
TRONDSON	FRANCIS	STANWOOD
TRUMP	EZRA	WALLA WALLA
TURNER	BLAINE	MOSES LAKE
USKOSKI	EVERETT	BIGFORK
USKOSKI	E.P.	BRUSH PRARIE
VAN DONG	ESTHER	WALLA WALLA
VAN HORNE	HAROLD	MEAD
VANBERGH	ALTA	KENT
VANDERHOOF	MYRA	PORT ANGELES
VOGT	RICHARD	VANCOUVER
VOIE	FAE	OLYMPIA
WALKER	JERRY	SPOKANE
WALL	WILLIAM	TEKOA
WALLACE	WARREN	SNOQUALMIE
WALLACE	WILLIAM	VERADALE
WALSTON	DALE	COLVILLE
WAPLES	DARREL	MAPLE VALLEY
WATKINS	DAVID	EDMONDS
WATLAND	CHAR.	AUBURN
WEBB	LEIGH	TWISP
WELLONS	EMERY	YAKIMA
WELLS	DONALD	SUMAS
WENDLING	PRESTON	CHEHALIS
WEST	WILLIAM	GOLDENDALE
WESTLUND	RUDOLPH	MARYSVILLE
WHIPPLE	ROBERT	STANWOOD
WIGGINS	CHARLES	TEMPE
WILBANKS	W. NEVILLE	NACHES
WILLIAMS	VAN	CHELAN
WITHROW	RAYMOND	LK STEVENS
WODAEGE	MARIE	WOODLAND
WOLD	LLOYD	MT VERNON
WOODS	ART	OMAK
WOODWORTH	ALTON	MOSES LAKE
WORDEN	VANE	YAKIMA
WORKMAN	ROBERT	FRIDAY HARBOR
YEAGER	JACK	LONGVIEW
YOUNG	VIRGINIA	SPANGLE
YOUNT	GRACE	TONASKET
ZYLSTRA	J.T.	OAK HARBOR